

Kitsap County Accessible Communities Advisory Committee

The purpose of the Kitsap County Accessible Communities Advisory Committee is to support disability awareness and access for people with disabilities through technical assistance and other resources funded by the Accessible Communities Act (Chapter 215, Laws of 2010). Through outreach efforts we offer education about advocacy, projects to insure inclusion for all residents of Kitsap County and a space to discuss a variety of topics. Visit us at kcowa.us/ACAC

A Resource Guide to Ableist Language

Language is an ever-evolving communication tool. The use, or misuse, of words can create a specific vibe to a conversation. When we are thoughtful about the words we use open and meaningful discussions occur. Misuse of language intentional or not, may cause defensiveness and widen the gap between individuals. Ableist language is used daily without much thought. Children copy parents and grandparents without knowing the history of oppression instilled within specific words or phrases.

Below is a list of websites and blogs that offer definitions and meaningful views on ableist language. Take a moment and visit these sites. You will also find additional resources and information about the Kitsap County ACAC at kcowa.us/ACAC. Help us to encourage meaningful conversation between all individuals.

[Welcome to Getting Ableist Language Out of Your Vocabulary](#)

[10 Questions About Why Ableist Language Matters, Answered](#)

[Ableism/Language](#)

[EQUALITY MATTERS | HOW WE LIVE - The harmful ableist language you unknowingly use](#)

[The Sinister History of the Word "Moron," Explained](#)

Interested in learning more about how you can become a part of the Kitsap County Accessible Community Advisory Committee? Go to kcowa.us/ACAC