

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: May 21, 2024

Time: 11:30am- 1:30pm (11:15am for pre-meeting technical assistance)

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 814 6322 1480

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 814 6322 1480

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members- expectations for public input
 3. Meeting Agenda Approval
 4. March meeting notes (Attachment 1) - Approval
- 11:40am 5. Review of Council Bylaws, discuss revisions (Attachment 2)
- 12:15pm 6. Advocacy Efforts
- National Multi-Sector Planning
 - WA Multi-Sector Summit, May 22
 - AARP Age & Dementia Friendly Designation (Attachment 3)
- 12:20pm 7. Social Isolation subcommittee
- Pamphlet distribution tracking form
- 12:45pm 8. Council Member Report of Activities- Outreach form (Attachment 4)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
 - b. 2024 SCOA Meeting- Susan Kerr
 - c. Kitsap Accessibilities and Public Works Transitions Plan- Ranae Beeker
 - d. Council Member Report of Community Outreach
- 1:15pm 9. Aging Services: Dashboard Report overview (Attachment 5)
- Recruitments
 - May Older Adult workshops & planning
- 1:25pm 10. 2024 Advisory Council Calendar of Events (Attachment 6)
- June meeting?
 - July Retreat Planning
- 1:30pm ADJOURN

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March 19, 2023 Aging Advisory Council Meeting Minutes

Zoom

1. Convened at 11:32 a.m.

Members Present: Steve McMurdo, Ann Paoletti, Charmaine Scott, Linette Zimmerman, Karol Stevens, Elizabeth Safsten, Cynthia Blinkinsop, Barbara Paul, Susan Kerr.

Members Excused: Ranae Beeker.

Members Unexcused: Sandra Miles.

Guests Present: Jim Rogers and Colin Poff of the Kitsap County Department of Community Development, and Aaron Murphy of ADM Architecture and ForeverHOME.

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: Introductions.

Approval of Agenda: The meeting agenda was reviewed.

- Barbara made a motion to approve the agenda, Ann seconded, and the agenda was approved.

2. Approval of Minutes:

- Charmaine made a motion to approve the February meeting minutes. The motion was seconded by Cynthia. The minutes were approved.

3. Kitsap DCD Comprehensive Plan, Colin Poff – Aging focus

- Colin Poff gave an overview of the 2024 Comprehensive Plan Update, a 20-year blueprint for local policies, planning, and capital investment through 2044. Two topics that are very important for Kitsap's aging population are housing and transportation. Land use reclassification is another important aspect of the plan that is interrelated with those two topics.
- Land use reclassification addresses ways to accommodate population and employment growth. Some core concepts are urban, dense, and mixed use housing, shopping, jobs, protection of rural areas from growth, and protection of

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natural resources lands.

- The plan discusses current and future goals for housing and affordability. This includes ensuring sufficient housing stock, and housing that is accessible to all income levels, as well as encouraging multi-family, missing middle-housing such as side-by-side duplexes, and infill housing in urban areas. With Kitsap County's large aging population, aging in place is a priority, emphasizing housing for all ages and stages.
- Jim Rogers gave an overview of transportation planning which uses 10-year demand and needs forecasts. The plan includes improvements to the County's multi-modal transportation system in unincorporated areas, non-motorized and public transit options, and emphasizes ensuring that the future transportation system is safe, cost effective, sustainable, and accessible.
- Jim opened the floor for Council member questions and comments. The Council discussed the issues with rural public transit options, the need for public transportation to healthcare facilities, healthcare availability, increasing housing costs, and infrastructure and traffic management related to increased population and housing developments.
- Jim described the three alternatives for future land use:
 1. The first is "No change" with all maps, policies, and regulations remaining as they are.
 2. The second is "Compact growth" where growth is focused in urban areas and focuses on housing types such as townhomes, Multi-family, and cottage housing.
 3. The third alternative is "Dispersed growth" which would focus on current trends like single-family housing, urban area expansion and rural development.

Planning Commission recommendations will be made this evening at the regularly scheduled meeting, and the Board of County Commissioners (BOCC) will host a public hearing on April 8th. On April 22nd, the BOCC will choose their preferred alternative. In August the final plan elements will be released for public review. The

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final plan is due in December.

4. Advocacy Efforts

- Stacey stated that \$12 million was approved for senior nutrition statewide. Additionally, the Long-Term Care Ombuds program received \$300,000 statewide.

5. Social Isolation Subcommittee Update

- Karol stated that the subcommittee compiled brochure packets and will be taking them to healthcare providers and other identified locations to reach socially isolated seniors in the county. They are now considering ways to track locations with packets.

6. Council Member Report of Activities

a. 1/10th Community Advisory Committee – Charmaine Scott

- Charmaine explained that the 1/10th Community Advisory Committee had their Retreat on March 1. They discussed plans for the next year, possible changes to their schedule of activities, and considerations for 2-year subcontracts. Going forward Hannah Shockley will be conducting site visits without Committee members. Their Committee is also training four new members.

b. 2024 State Council on Aging (SCOA) Meeting – Susan Kerr

- Susan explained that during their most recent meeting SCOA had a legislative session debrief and training on what their roll is in regard to legislative advocacy. Susan will share links with Stacey.

c. Kitsap Accessibilities and Public Works Transitions Plan

- Ranae was not in attendance.

d. Council Member Report of Community Outreach

- Barbara spoke with a leader at Poulsbo Parks & Recreation who would like someone to come out and speak on topics for seniors. Stacey confirmed they have been in contact.
- Steve plans to provide brochures to Pacific Eyecare. He has not heard from Lucretia Robertson or Jeanie Allen from the Kitsap Regional Library but expects to hear from them in the future.

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- Ann brought brochures to Kitsap Bank and will need to bring more soon. She is also hoping to have an appointment with the superintendent of her local school district about the DSHS Workforce Development Caregiver high school training program.
- Karol plans to pull together comments about the Kitsap County Department of Community Development Comprehensive Plan for the residents of Keyport and will forward to Stacey as a reference for any comments the Council would like to make.
- Susan is excited to begin handing out brochure packets. She typically shares brochures with her local senior center and neighborhood market. Susan has also been helping a neighbor.

7. Aging Services

a. Dashboard Report

- Two staff members from Information & Assistance are departing. Recruiting for those positions will begin soon, in addition to the ongoing Medicaid case management opening. The Caregiver Programs Supervisor is moving to a new supervisory position in the Medicaid unit, and another staff member has been promoted to fill that position. There are interviews for three positions taking place in the next five days.

b. May Older Americans Month

- Stacey stated that there are various events for Older Americans Month. Topics include education from Alzheimer's Association, brain health, Medicare, and an overview of ALTC's services.

8. 2024 Advisory Council Calendar of Events

- Stacey reminded the Council that the April meeting has been cancelled. In May the Council will review and discuss bylaws.

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ADJOURNMENT

The meeting was adjourned at 1:26 p.m.

Steve McMurdo, Chair

KITSAP COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL BYLAWS

Last amended and approved 11/18/15
Last BOCC approval 12/7/15

PREAMBLE

The Advisory Council for the Kitsap County Area Agency on Aging was established June 1, 1980 pursuant to the Basic Agreement between the State of Washington Department of Social and Health Services and the Board of Kitsap County Commissioners and pursuant to the provisions of the Older Americans Act.

ARTICLE I - NAME

The name of the organization shall be the KITSAP COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL.

ARTICLE II - PURPOSE and DUTIES

The purpose and duty of the Advisory Council is to advise the Board of Kitsap County Commissioners and staff of the Area Agency on Aging to:

- A. Develop and administer the Area Plan;
- B. Conduct public hearings;
- C. Represent the interests of older adults and adults with disabilities;
- D. Review and comment on community policies, programs, and actions which affect older adults and adults with disabilities.

The Advisory Council shall also serve as an advocacy body to promote the interests of older adults, adults with disabilities, (and informal caregivers) residing in Kitsap County.

The Advisory Council shall not function in a policy-making or decision-making capacity.

ARTICLE III - MEMBERSHIP

Section 1. Eligible members

Membership on the Advisory Council shall be open to individuals residing within Kitsap County. As required under the Older Americans Act, a majority to the council shall be made up of individuals over age 60 who are participants or who are eligible to participate in the programs sponsored by the Area Agency on Aging.

Members shall be ineligible to serve if they move out of or no longer reside within

Kitsap County. When this occurs, the Chairperson with the assistance of the Lead Staff to the council shall so notify the member in writing citing this article and section of the Bylaws.

The balance of membership shall be comprised of individuals representing the interests of older adults, adults with disabilities, (informal caregivers), representatives of local elected officials and members of the general public.

Membership is not open to individuals who are employed by agencies or organizations contracted with the Area Agency on Aging to provide services.

Section 2. Membership Size

There shall be three (3) appointments from each Commissioner's district and at least two (2) appointments at large.

The Advisory Council's goal is to fill at a minimum three (3) appointments from each Commissioner district and two (2) appointments at large. The Kitsap County Representative to the Washington State Council on Aging shall be a member of the Advisory Council serving in an ex-officio capacity with no voting rights.

Section 3. Selection and Appointments of Members

The Area Agency on Aging shall solicit nominations for Advisory Council membership from throughout Kitsap County, following criteria set by the Older Americans Act. A special effort will be made to secure representative of low income and minority older adults elderly. The Lead Staff to the Advisory Council will consult with the nominating committee of the Advisory Council and the Administrator prior to and during the screening and interviews of applicants prior to forwarding the nominee list to the full council for review and a vote at a full council meeting. Final referral will be made to the Board of Commissioners for selection and appointment.

Section 4. Term of Membership

Advisory Council members shall be appointed for a term of three (3) years. There are no term limits.

All Advisory Council appointments to the extent feasible will be made during the month of January, to coincide with the calendar year. All appointments made after January, for whatever reason, shall have a termination date of December 31, three years from the nearest January.

~~All Advisory Council members of good standing as of January 1, 2013, notwithstanding the date of the original appointment, shall be eligible for an additional three (3) year term.~~

Section 5. Terminations

Membership on the Advisory Council will be reviewed for termination if a member is absent for three (3) consecutive meetings of the Council without previously contacting Lead Staff to the Advisory Council (or designee) and being excused by the Chairperson.

In the event a member is unable to attend a regular meeting he/she will contact the Lead Staff to the Advisory Council (or designee) who so shall advise the Council Chairperson. Lack of notification will be instrumental in causing termination of membership.

In the event the member will be absent for an extended period of time, he/she may request a Leave of Absence, which is subject to approval by the Advisory Council, and will be considered an "inactive member" for that period.

Members may also be removed at any time for cause upon consultation and agreement with the Area Agency Advisory Council.

Section 6. Resignations

Resignation may be written or verbal. A written resignation is effective immediately when presented at a meeting of the Advisory Council or at the time specified by the Council Member. Verbal resignations are effective when accepted by the Advisory Council.

ARTICLE IV - ELECTIONS

Section 1. Officers

Officers of the Advisory Council shall consist of Chairperson and Vice-Chairperson.

Section 2. Election and Term of Office

The Kitsap County Advisory Council shall elect officers annually. The elections shall be conducted by December, the term of office coinciding with the calendar year. No officer shall be elected to the same office for more than two (2) consecutive one-year terms.

Section 3. Vacancies

In the event a vacancy should occur, the Advisory Council shall elect a new officer, by a majority vote of those present, to serve the remainder of the term. All such elections shall

occur at the next regular meeting following the vacancy and shall be announced in writing to the membership.

ARTICLE V - MEETINGS, COMMITTEES

Section 1. Meetings

The Advisory Council will meet on a monthly basis, time and place to be determined by agreement of the full council. Special meetings may be called at the discretion of the Chairperson in coordination with the Area Agency of Aging Administrator and Lead Staff to the Advisory Council. Every effort will be made to plan and distribute an annual calendar for special meetings such as legislative discussions and public hearings.

Section 2. Quorum

Fifty percent of the currently appointed active membership shall constitute a quorum for any meeting of the Advisory Council. The Council will allow voting by email for extenuating circumstances.

Section 3. Committees

The Advisory Council may establish such committees as may be necessary to conduct the Council's business.

The Chairperson shall appoint an Executive Committee of four (4) members of the Advisory Council, including the Chairperson, Past Chairperson, Vice Chairperson and one other Council member. The Executive Committee shall act in an advisory capacity to the Chairperson, Administrator and Lead Staff to the Advisory Council. The Executive Committee shall carry out the business of the Council between meetings, and all recommendations shall be considered as automatic motions to adopt/concur to be acted upon at the next Advisory Council meeting.

The Council members shall elect four (4) members to a Nominating Committee for the purpose of nominating Officers and new members and shall report to the Council their recommendations.

ARTICLE VI - CONFLICT OF INTEREST

No member of the Advisory Council may debate or vote on a Council recommendation the result of which would financially benefit the member or any agency or organization of which the member is a decision making officer.

It shall be the responsibility of each Advisory Council member to declare potential conflicts of interest. The Advisory Council Chairperson shall, in consultation with the Administrator and Lead Staff to the Council as needed, be responsible for mediating differences of opinion in this matter as they arise.

ARTICLE VII - AMENDMENTS

The Advisory Council Executive Committee, in consultation with the Administrator of the Area Agency on Aging and Lead Staff to the Advisory Council, may offer amendments to these Bylaws to the full council for a majority vote of those members present at any regular meeting. Prior written notice, together with proposed written amendments, shall have been made available to all members. Such amendments are subject to review and approval by the Board of Commissioners.

Bylaws are in effect when approved by the Board of County Commissioners.

Adopted this 7th day of December 2015

BOARD OF COUNTY COMMISSIONERS KITSAP COUNTY, WASHINGTON

KATIE WALTERS, Chair

CHRISTINE ROLFES, Commissioner

CHARLOTTE GARRIDO, Commissioner

ATTEST:

Dana Daniels, Clerk of the Board

WASHINGTON AGE- AND DEMENTIA- FRIENDLY STATE DESIGNATION

PARTNERSHIP WITH DEPARTMENT OF HEALTH, HEALTH CARE AUTHORITY, AND DEPARTMENT OF SOCIAL AND HEALTH SERVICES



WHAT IS AGE-AND DEMENTIA-FRIENDLY?

Age-friendly communities consider goals that promote high quality of life for each person regardless of age, allowing older people the opportunity to remain active in their community. Age-friendly designation comes with acceptance into the [AARP Network of Age-Friendly States and Communities](#).

Dementia-friendly communities promote awareness of dementia, educating residents about how to best support people touched by dementia and introducing systemic changes within businesses, government, and neighborhoods. Dementia-friendly designation comes with acceptance into the [Dementia-Friendly America \(DFA\) network](#).

Together Age- and Dementia- Friendly state designations support the initial steps of the Washington Multi-sector Plan on Aging (MPA). Other states, such as [Massachusetts](#) and [California](#), leveraged their Age- and Dementia-Friendly designations to build a robust and community-led MPA.

Members of both the AARP and DFA Networks gain access to expert-level technical assistance, connections to the full peer network, private group forums, and resources to guide and inform the development of an action plan and involve community members. Washington State's designations would leverage work already carried out with Trust for America's Health Age-Friendly Public Health Systems and would serve to support potential MPA and Aging Summit.

WHAT IS ALREADY HAPPENING IN WASHINGTON?

Puyallup, Seattle, Tacoma, Renton, and White Salmon have already joined the AARP Age-Friendly Network. Washington is well-suited to continue and strengthen existing work that can be considered for Age-And Dementia-Friendly designations from across the state, such as:

- **[Center for Health Care Strategies \(CHCS\) MPA Learning Collaborative:](#)** As a collaboration between Department of Health (DOH), Health Care Authority (HCA), Department of Social and Health Services (DSHS), Washington Association of Agencies on Aging (W4A), and AARP Washington, Washington State was accepted into the 2023-24 CHCS learning collaborative to support a potential MPA.
- **[Dementia Action Collaborative \(DAC\):](#)** Since 2016 the DAC has developed dementia-specific resources for individuals, families, and care partners, drafted the 2023-28 State Plan to Address Alzheimer's Disease and Other Dementias, and developed guidance materials for health care professionals.



- **Aging and Long-Term Support Administration's (ALTA) Strategic Plan:** ALTA recently updated their strategic plan with over 18 cross sector participants to ensure the needs of the full community were accounted for across sectors. Participants included state agencies, tribes, local partners, private partners, and the state of Virginia.

WHAT IS THE OPPORTUNITY?

Washington has the second longest lifespan in the country and is home to an increasingly diverse aging population. Becoming Age- and Dementia-Friendly could improve the quality of life for all Washingtonians. The focus of these efforts are to:

- Improve health equity
- Address the emerging needs of a more diverse aging population

These efforts could mean:



Active inclusion and engagement of older adults in their communities and neighborhoods.



Focus on policies, systems, and environments to embed aging into statewide initiatives.



Reduce stigma and ageism of older adults, people living with dementia, and their care partners.



Potentially improve Medicaid savings by supporting health at all ages.

WHO IS INVOLVED?

This effort is led by three state agencies: DOH, HCA, DSHS. The core team is collaborating with key stakeholders and coordinating with other state agencies, local health departments, Tribal Nations, and private partners to build a statewide initiative for Age- and Dementia-Friendly designations and ultimately the MPA.

WHAT DATA SUPPORTS THIS WORK?

- By 2040, a vast majority of counties in Washington will have at least one in five residents over age 65.
- In 2022, more than 2.6 million visits to Washington food pantries were by older adults.
- Based on the 2020 Behavioral Risk Factor Surveillance System, 1 in 11 Washington adults ages 45+ are experiencing subjective cognitive decline.
- One in three older adults live with at least one disability. Sixty-one percent of Washington transportation stations and vehicles are ADA-accessible.
- Racialized health disparities across the life course result in higher rates of dementia among people who are Black/African American or American Indian/Alaska Native.
- The number of working adults to support people over the age of 75 is decreasing from 6 working adults per older adult to 3 working adults by 2040.

WHERE CAN I LEARN MORE?

- [AARP Age-Friendly Network](#)
- [Dementia-Friendly America](#)
- **DOH Contact:** [Marci Getz](#)
- **HCA Contact:** [Jamie Teuteberg](#)
- **DSHS Contact:** [Lynne Korte](#)
- This material was funded in part by USDA's Supplemental Nutrition Assistance Program—SNAP. This institution is an equal opportunity provider.



Created in collaboration with



Pub130-085, 2023, English. To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

| | | |
|-------------------------------------|--|------------------------|
| Date of Activity: | Event Location: | |
| Time Spent on Event (Minutes) | Preparation Time: (Minutes) | Travel Time: (Minutes) |
| Name of Advisory Council Member(s): | | |
| Number of People Reached: | Name of Event <i>(if applicable)</i> : | |

3. Advocacy Action Alert Details:

| | |
|------------------------------|--|
| Name of Elected Official(s): | Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____ |
| Notes: | |

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

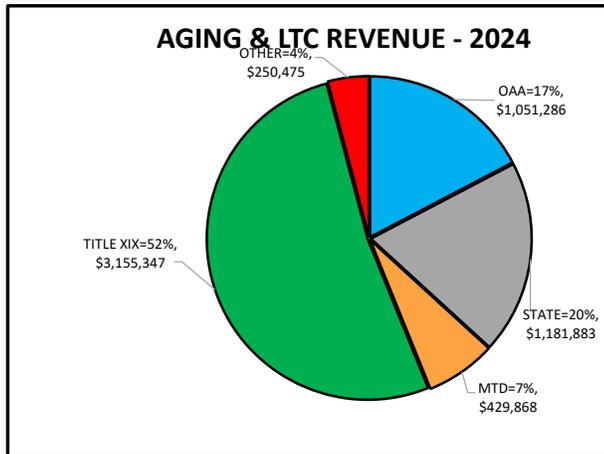
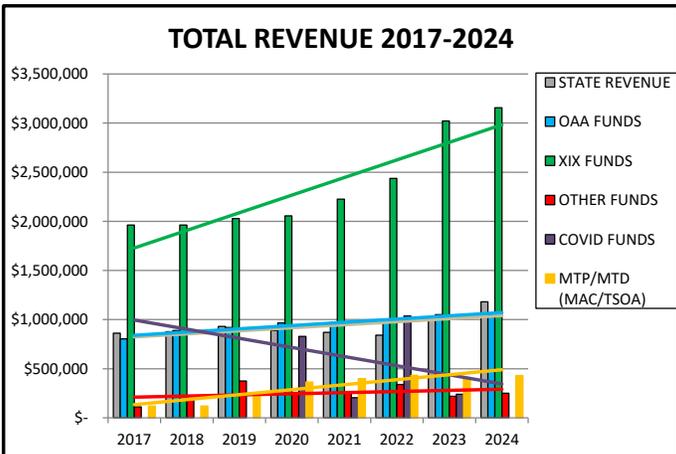
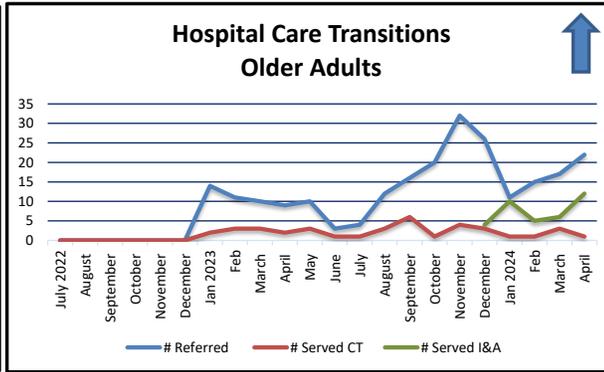
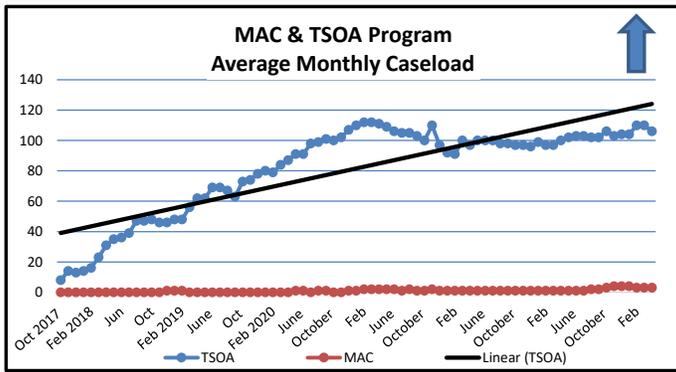
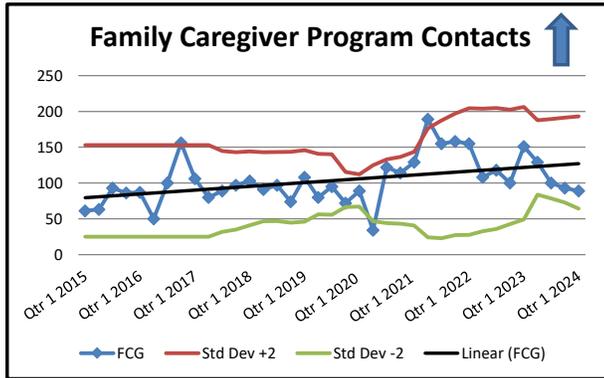
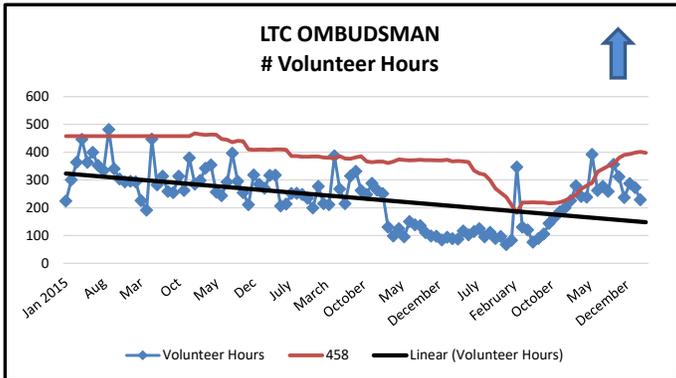
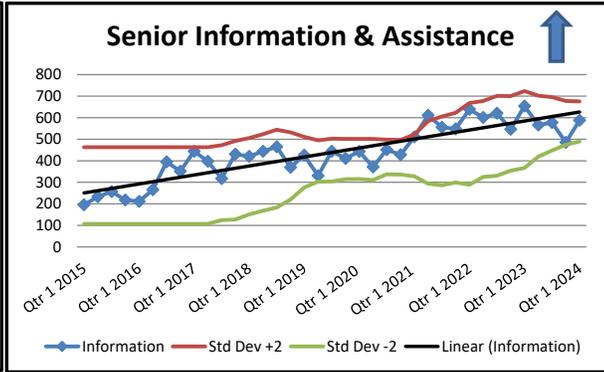
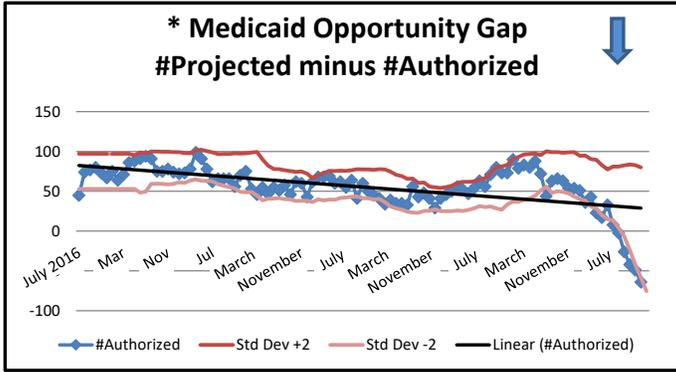
7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Aging & Long Term Care Advisory Council Dashboard- May 2024



*July 2023: Medicaid caseloads maximum capacity= 1019

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

November 2020 - February 2021: Statewide restricted opening due to virus spikes

March 2022: Brief home visits start

May 2022: Routine home assessments begin

October 31, 2022: State PHE ends for LTC facilities and some state waivers expire

May 11, 2023: Federal Public Health Emergency (PHE) and state Major Disaster Declaration (MDD) ends

October 2023: Medicaid LTSS Transfers Without Caregivers begin

Community Outreach Activities:

April 1: Poulsbo Parkinson Support Group 1:00-2:00pm (Jason, in person)

April 16: "Healthy Aging" workshop at Bainbridge Kitsap Regional Library 4:00pm (JCM)

April 24: Kitsap Developmental Disabilities Resource Fair 4:00-6:00pm (Jason)

April 27: Kitsap Veterans Stand Down at Sheridan Park (Jason)

May 6: Kitsap Aging Overview of Services Zoom 2:00-3:00pm (Jason), reference OAM flyer

May 9: Alzheimer's Basics Zoom 2:00-3:00pm (Alzheimers Assoc), reference OAM flyer

May 11: Poulsbo Kitsap Library Senior Resource Fair 10:00-Noon, reference OAM flyer

May 21: Healthy Brain workshop 2:00-3:00pm at Poulsbo Library (JCM), reference OAM flyer

May 29: Medicare Basics workshop Noon-1:00pm (PCHS SHIBA program), reference OAM flyer

2024 Advisory Council Meetings & Activities

| | |
|---------------------|---|
| January 8 | WA Legislature Begins |
| January 16 | * w4a Legislative Training Webinar Noon- 1:00pm |
| January 17 | * Advisory Council Legislative Planning meeting 12:30-1:30pm |
| January 23-26 | * w4a Advocacy Days (appointments with elected officials) |
| February 20 | * Advisory Council from 11:30am- 1:30pm |
| March 19 | * Advisory Council from 11:30am- 1:30pm DCD Comprehensive Plan Presentation (Aging focus) |
| April 16 | (No meeting) |
| May 14 | * Advisory Council from 11:30am- 1:30pm Review of Council Bylaws |
| May Workshops | <u>May Older Adults Virtual Workshops</u> May 6: Kitsap Aging Overview of Services Zoom May 9: Alzheimer's Basics Zoom May 11: Poulsbo Senior Resource Fair (KRL) May 21: Brain Healthy workshop (in person) May 29: Medicare Basics workshop (in person)- SHIBA program |
| June 18 | * Advisory Council from 11:30am- 1:30pm |
| July 16 | Advisory Council from 11:30am- 3:30pm Hold for Retreat (in-person) |
| August 20 | * Advisory Council from 11:30am- 1:30pm |
| September 17 | * Advisory Council from 11:30am- 1:30pm |
| October 15 | * Advisory Council from 11:30am- 1:30pm |
| October 16 (hold) | * 2024 AAA & State Council on Aging (SCOA) Conference |
| October 17(hold) | * 2024 Fall Senior Lobby Conference |
| November TBD | * Kitsap Caregiver Fall Caregiver Workshop/Conference |
| November 19 | * Advisory Council from 11:30am-1:30pm |
| December 17 | * Advisory Council from 11:30am- 1:30pm |

*indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room