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Why are they called potholes?

Pottery makers in 15th and 16th century England would take advantage of the ruts that wagon and coach wheels gouged into roads. Anxious for a cheap source of raw materials for making clay pots, the potters would dig into the deep ruts to reach clay deposits underneath. Teamsters driving wagons and coaches over those roads knew who and what caused these holes and referred to them as "potholes."

- Story attributed to the late trivia expert and syndicated columnist L. M. Boyd

The North American love of the open road is tested every late winter and spring when millions of pavement potholes suddenly appear seemingly everywhere. Mobility is increasingly integral to our way of life.

According to the 2017 Infrastructure Report Card, "One out of every five miles of highway pavement is in poor condition and our roads have a significant and increasing backlog of rehabilitation needs" ASCE also stated that "Driving on roads in need of repair cost U.S. motorists \$120.5 billion in extra vehicle repairs and operating costs in 2015,

Implementing meaningful preventative maintenance strategies is a preferred method to maintain roads. If your agency is unable to implement these strategies, pothole repair may be required.

For agencies, pothole repair expenses include personnel, equipment and materials, and a national basis equates to a multi-million-dollar annual expenditure.

- "Seattle DOT (SDOT) has trucks, called hotboxes, dedicated to filling potholes. The teams that take these trucks out to repair Seattle streets are called Pothole Rangers." "The Pothole Rangers fill approximately 10,000 potholes each year. More than 5,000 pothole repair requests a year are submitted by the public."²
- According to The Daily Pothole Mill & Pave a publication of the New York City DOT, they have repaired 70,858 potholes as of May 18, 2020.³
- "Most pothole-related repairs cost less than \$250," but in some cases, it can exceed \$1,000; the average repair cost is \$306. Even worse, hitting a pothole – or taking the wrong measures to avoid one - could cause a crash and personal injuries."4

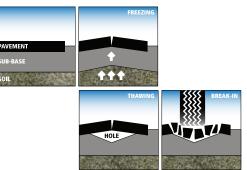


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What causes a pothole?

An APWA Accredited Agency

Potholes are created when the top layer of pavement and the material beneath—called the base or sub-base—cannot support the weight of the traffic. Two factors are always present in such a failure: TRAFFIC and WATER.



The gestation period for a pothole includes:

- 1. Snowmelt or rain seeps through cracks in the pavement and into the sub-base. If the moisture cannot adequately drain away from the sub-base and soil underneath, it becomes saturated and soft.
- 2. Trapped moisture is subjected to repeated freeze/thaw cycles. With each occurrence, the expanding ice lifts and cracks the pavement more. The passing traffic weakens the pavement, cracking it further.
- 3. As temperatures rise and the ice melts, a void is left under the pavement. This void collects more water, and during the next freeze, the void will enlarge.
- 4. Vehicles driving over the weakened pavement pound it until the surface breaks and collapses into the void below, creating a pothole.



What affects pavement life?

Pavement life is influenced by many factors: vehicle loading (axle loads, tire pressure, and gross vehicle weight [GVW]), traffic volume and mix, environmental conditions, topography, subgrade condition, initial pavement design and construction practices, maintenance activity, and pavement age.

Traffic volume continues to increase significantly, but few new lane-miles have been added to the nation's highway, road, and street network and are not expected to keep pace with the increased demand.

The decision and capability to patch potholes are influenced by current weather; traffic conditions; imminent scheduled roadway construction; major maintenance work or utility work in the roadway; availability of personnel, equipment, and materials; and the demands of the traveling public.

How are potholes repaired?

moves on to next pothole. (This is considered superior to the more commonly used method of "throw- and-go," which does not compact the materials before leaving the site.) Cold-patch repairs are quick but temporary; they are an expedient fix performed when traffic, weather, and general pavement conditions preclude a more permanent repair.

2. Hot-Patch Semi-Permanent: Water and debris are removed from the pothole; the sides of the patch area are squared-up until vertical sides exist in reasonably sound pavement. Tack oil is applied and then a heated asphalt mix is placed and compacted with a small, vibratory device. A slight crown for water dispersal is desirable. Although it raises the cost of the operation, this is considered one of the best methods for repairing potholes, because it improves patch performance. Because this method is more labor and equipment intensive, it is usually done when traffic and weather

conditions are more favorable.

3. **Spray-Injection Devices:** Water and debris are blown from the pothole; a tack coat of binder is sprayed on the sides and bottom of the pothole; asphalt and aggregate are blown into the pothole; the patch is covered with a layer of aggregate. This technique has higher equipment

costs but has a higher rate of productivity and lower material costs. Spray-injection is faster than hot-patch repairs and more permanent than cold-patch; however, it is not as durable as or useful as hot-patch for deeper potholes. The material is not compacted nor is the underlying base material corrected before filling.

4. Edge Seal as follow-up: This uses the same method as throw-and-roll, but once the repair section has dried, a second pass is made to place a ribbon of asphaltic tack material on top of the patch edge and pavement surfaces. A layer of sand is placed on the tack material to prevent tracking by tires, and the section is open to traffic as soon as workers and equipment are cleared from the area. (Although this requires a second pass, it can improve patch performance in older pavements with many cracks.)

Severely distressed spots that are much wider, or are substantially deeper, usually require base repairs at a later time. The affected area is removed back to or down to solid pavement or base and then new material placed. In some cases, under-drains may be installed to carry water away from the base and soil.

How can we stop potholes from forming?

The success of pothole repairs depends predominantly on the timeliness of the repair and the quality of the materials and techniques used. Preventing potholes begins when the pavement is visibly cracked. Sealing the pavement to keep water from infiltrating into the sub-base is critical both for keeping potholes from forming and for extending the useful life of the pavement.

In reality, deferred maintenance can start communities on a downward path of deteriorating infrastructure and increasingly costly backlogs of required repairs.

"Transportation for America estimates that we would need to spend **\$231.4 billion per year** just to keep our existing road network in acceptable repair and bring the backlog of roads in poor condition into good repair over a six-year period, the typical length of a federal transportation reauthorization. It is significantly more expensive to rehabilitate roads that have fallen into poor repair than to preserve roads in good condition on an ongoing basis through routine pavement preservation. **By comparison, all highway capital expenditures across all government units totaled \$105.4 billion in 2015, only a portion of which goes to repair.**"⁵

APWA's *Roadway Maintenance Guide* can be referenced for more information. This guide provides an overview of maintaining public roadways, examples of specific maintenance procedures, and links to additional resources that should be considered in developing local practices in the modern age.



¹ Ironcore. ASCE's 2017 Infrastructure Report Card. <u>https://</u> www.infrastructurereportcard.org/.

- ² "Facts About Potholes Seattle." Seattle.gov. Seattle Department of Transportation. <u>https://www.seattle.gov/</u> <u>Documents/Departments/SDOT/MaintenanceProgram/</u> <u>FactsAboutPotholes.pdf.</u>
- ³"The Daily Pothole Mill & Pave." New York City Department of Transportation, May 18, 2020. <u>https://thedailypothole.</u> <u>tumblr.com/page/3</u>.
- ⁴ "Potholes and Vehicle Damage." AAA Exchange, 2017. <u>https://exchange.aaa.com/automotive/automotive-trends/</u> potholes-vehicle-damage/#.XtF4h55Kjlx.
- ⁵ "Repair Priorities 2019." Smart Growth America. Accessed May 29, 2020. <u>https://smartgrowthamerica.org/resources/</u> <u>repair-priorities-2019/.</u>



Pothole patching is performed either as an emergency repair during harsh conditions or as routine maintenance scheduled for warmer and drier periods. Typically, emergency repairs are done only when a pothole presents a substantial safety or traffic operational problem. For example, a large pothole on a major arterial has contributed to collisions by causing drivers to swerve to avoid or lose control after hitting it. Or, one or more large potholes hinder the flow of traffic causing unusual slow-down and congestion. Potholes near activated traffic signals may expose embedded loop sensor wires, and when they break, the signals will not be responsive to traffic demands.

Emergency repairs usually are done in heavy traffic and can be a safety risk to maintenance workers. More permanent repairs can be scheduled for times when weather and traffic are more conducive to safe operations.

The following are the standard pothole repair methods used for any asphalt paved street or road:

 Cold-Patch ("Throw-and-roll"): Patching material is shoveled into the pothole—which may or may not be filled with water and debris—and compacted if possible, and crew