َ اللَّٰ اللَ South Kitsap Substance Abuse Prevention Coalition

March 29, 2022

<u>AGENDA</u>

Tuesday March 29, 2022, 1:00pm-2:00pm

Virtual Meeting via Zoom

Adam Jackson is inviting you to a scheduled Zoom meeting.

Topic: SK Prevention Coalition Mtg. Time: Mar 29, 2022, 01:00 PM Pacific Time (US and Canada)

Join Zoom Meeting https://us02web.zoom.us/j/89658474028?pwd=a2kwZzJWMIRCS0VqOTJHZGcvMUsxQT09

Meeting ID: 896 5847 4028 Passcode: 660868 One tap mobile +12532158782,89658474028#, *660868# US (Tacoma)

Welcome

• Welcome and Introductions

Quick Program Overview

• What's this all about? How will it benefit the community?

Youth Participation in the Coalition

South Kitsap Youth

Social Media as a Tool for Community Engagement

- A look at the new Facebook Page, Instagram, and Twitter
- What kinds of content will be posted, frequency, cultural relevance and ethics
- Agency Pages and Participation
- Submittal

Upcoming Events and Prevention Activities

Medicine Take Back Day April 30th, 2022 (Sheriff's Support)

Building Our Coalition

- Outreach and Recruitment
 - Recruiting new members
 - Yard Signs and Banners location ideas
- Project Work Groups Leadership, Strategic Planning, Strategies & Events
- To learn more contact
 - Laura Hyde: <u>hyde@co.kitsap.wa.us</u> 360-337-4879
 - Adam Jackson <u>aljackson@co.kitsap.wa.us</u> 360-337-4500

Closing Comments & Announcements:

Next meeting Date 4/26/2022

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1-2:00pm

An Ounce of Prevention is Worth a Pound of Cure – Benjamin Franklin

َّهُ لَٰ اللَّٰ اللَ South Kitsap Substance Abuse Prevention Coalition

July 26th, 2022

<u>AGENDA</u>

Virtual Meeting via Zoom

Tuesday July 26th, 2022, 1:00pm-2:00pm Adam Jackson is inviting you to a scheduled Zoom meeting. Topic: SK Coalition Mtg Time: July 26th, 2022, 01:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

https://us02web.zoom.us/j/83466706719?pwd=ODRybTJaOStPK294Vng4azFiNW5xUT09

Welcome

• Welcome and Introductions

Youth Participation in the Coalition

- South Kitsap Youth
- Youth groups and Contacts (Both current and suggested)

Preparation for Action

- Coalition ideas for future trainings and Information
- Current Program stages
- Workgroups and their roles

Upcoming Free Trainings

- What does not work in Prevention (August 8th)
- Recruitment and Prevention Strategies for Culturally Specific Behavioral Health Staff (Aug 31st)

Social Media Update

• South Kitsap coalitions media chair Kira Dorsey updates us on progress related to growth of social media.

Building Our Coalition

- Outreach and Recruitment
 - o Recruiting new members (social media launched last week)
 - Yard Signs and Banners location ideas
- Project Work Groups Leadership, Strategic Planning, Strategies & Events
- To learn more contact

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- Laura Hyde: <u>hyde@co.kitsap.wa.us</u> 360-337-4879
- Adam Jackson aljackson@co.kitsap.wa.us 360-337-4500

Closing Comments & Announcements: Next meeting Date 8/23/2022

1-2:00pm

An Ounce of Prevention is Worth a Pound of Cure – Benjamin Franklin

South Kitsap Substance Abuse Prevention Coalition Monthly Minutes (draft)

Topic: SK Substance Abuse Prevention Coalition Meeting Time: June 28th, 2022, 01:00 PM (PST)

Participants: 6

South Kitsap Coalition Coordinator Adam Jackson opened the meeting at 1PM. Members present today are regular attendees. Introduction is contained to date and time and if any coalition members had any questions on provided agenda.

Coalition members shared screen saver backgrounds and explain reason for selection. Coalition to vote on top screen saver.

Adam Jackson updated coalition on youth contacts and new youth input from Wolves Walk. The youth queer and straight alliance booth left contact information and requested further info as we begin to develop roles for youth.

Adam Jackson provided training to coalition on recognizing signs of clients, community members and contacts that may be experiencing effects of past trauma and ways to communicate with them effectively. (30-minute Training)

Follow up questions from KRC and Coalition member answered by SK coalition coordinator.

Media Chair Kira Dorsey unable to attend and will present at next coalition meeting.

Laura Hyde reviewed need for yard signs and banners to be placed. Adam Jackson provided report from Kira Dorsey on social media progress. Coalition Coordinator reminded coalition of need for permanent work group leaders and asks for anyone willing to take on role. Also asks for members to email if they have more questions.

Adam Jackson closed meeting at 2PM

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August 23th, 2022

<u>AGENDA</u>

 Tuesday August 23, 2022, 1:00pm-2:00pm
 Virtual Meeting via Zoom

 Join Zoom Meeting
 https://us06web.zoom.us/j/6991104058
 Meeting ID: 699 110 4058

 or call in:
 +1 253 215 8782 US (Tacoma)
 Meeting ID: 699 110 4058

Welcome

• Welcome and Introductions

Youth Participation in the Coalition

- South Kitsap Youth
- Youth groups and Contacts (Both current and suggested)

Preparation for Action

- Coalition ideas for future trainings and Information
- Current Program stages
- Workgroups and their roles

Upcoming Events & Trainings

- Kitsap County Fair Aug. 24-28
- Would you like to volunteer for 2-3 hours and receive a free ticket and parking? If so, please get ahold of Laura Hyde <u>lhyde@kitsap.qov</u>
- The Community Survey is on! We will discuss requirements and ideas for participation

- Back to School Events-
- The Kitsap Youth Forum and youth advocacy trainings are coming! Ideas to get the word out!

Social Media Update

• South Kitsap coalitions media chair Kira Dorsey updates us on progress related to growth of social media.

Building Our Coalition

- Outreach and Recruitment
 - Recruiting new members
 - Yard Signs and Banners
 location ideas
- Project Work Groups Leadership, Strategic Planning, Strategies & Events
- To learn more contact
 - o Laura Hyde: <u>hyde@kitsap.gov</u> 360-337-4879
 - Adam Jackson <u>aljackson@kitsap.go</u> 360-337-4500

Closing Comments & Announcements:

Next meeting Date 9/27/2022 1-2:00pm

Every problem contains the seeds of its own solution.

July 26thth, 2022

Platform: Zoom

Topic: SK Coalition Mtg Time: Jul 26, 2022, 01:00 PM Pacific Time (US and Canada) Attendees: Technical Problems prevented meeting from taking place.

Coalition Chair was on leave. Laura Hyde Acting as Meeting Coordinator.

Meeting Experiences Technical Problems. Attendees were unable to be admitted and follow-up will need to take place via email.

Kitsap 2022 **Youth Forum** October 20th

PUBLIC DISTRICT

4:30 - 6:30pm In-Person

619 Division St , 4th floor Port Orchard, WA 98366

<u>Register</u>





For more information, please contact: YOUTHFORUM@KITSAPPUBLICHEALTH.ORG

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AGENDA - October 25,2022

Meeting Information: Tuesday October 25, 2022, 1:00pm-2:00pm - Virtual Meeting via ZoomJoin Zoom Meetinghttps://us06web.zoom.us/j/6991104058or call in:+1 253 215 8782 US (Tacoma)Meeting ID: 699 110 4058

Welcome

- Welcome and Introductions
- Update on the SK Coalition Coordinator

Youth Participation in the Coalition

- South Kitsap Youth
- Youth groups and Contacts (Both current and suggested)

Presentation – What are we doing in the schools?

• Michelle Dower – Olympic Education Service District 114

Reporting on Recent Events & Trainings

- HOPE Walks Oct. 11
- The Community Survey is on! We will discuss requirements and ideas for participation
- The Kitsap Youth Forum -10/20 and youth advocacy trainings- 9/28 & 10/5

• Rural Prevention Conference - Ideas and next steps from the conference

Upcoming Events & Trainings

- Take Back Your Meds Day 10.29.22
- The Community Survey is on! We will discuss requirements and ideas for participation
- Hidden in Plain Sight Events Bremerton and North Kitsap
- My Shoes, My Story Event on 11.12.22 and more!
- Halloween/Fall Events

Building Our Coalition

- Program Implementation
- Outreach and Recruitment
 - Recruiting new members
 - Yard Signs and Banners
 - Social media update
- Project Work Groups Leadership, Strategic Planning, Strategies & Events
- To learn more contact
 - Laura Hyde: <u>hyde@kitsap.gov</u> 360-337-4879

Closing Comments & Announcements:

Next meeting Date 11/22/2022 1-2:00pm

Every problem contains the seeds of its own solution.

location ideas

South Kitsap Substance Abuse Prevention Coalition Meeting Minutes

September 27, 2022

Platform: Zoom

Topic: SK Coalition Mtg Time: September 27, 2022, 01:00 PM Pacific Time (US and Canada) Attendees: 11 - Coalition Coordinator was on leave. Laura Hyde Acting as Meeting Coordinator.

Summary:

Adam Jackson, our South Kitsap Coalition Coordinator is on leave and Laura Hyde is filling in for him until further notice. Laura may be reached at <u>Lhyde@kitsap.gov</u> or by phone at 360-337-4879.

Youth Participation: Youth participation was discussed. When there is a prevention club up and running, we will invite them to the meeting. School has just started and so has our SAP (Student Assistance Professional) Suggestions of other youth and youth groups to invite should be emailed to Laura or simply invite them to the meeting.

Preparation for Action:

Ideas for future trainings were discussed. Please email events that are coming up that we might want to be involved into Laura or simply connect the organizers to Laura.

The status of currently planned programs was reviewed.

Alisyn Cundiff, the new Student Assistance Professional at Cedar Heights, funded as part of our Coalition grant was introduced. She shared how the start of school went and her plans for engaging youth and delivering Project Success.

Reporting on Recent Events & Trainings:

- **Kitsap County Fair** Aug. 24-28 went well great attendance lots of interactions and Ed. Materials out
- **The Community Survey** is on! Why we do this, the benefits, grant requirement # of 250 and ideas for participation
- **Back to School Events** materials went out through Coffee Oasis and Peninsula Community Health events
- Kitsap Suicide Awareness week/Vigil 9/10 a success
- Suquamish Health Fair 9/9/22 and connections formed for SK!!!
- **Rural Prevention Conference** Laura attended this conference last week and shared what she learned.

Upcoming Events and Trainings:

• **The Community Survey** – is on until mid-November. ! We discussed requirements and ideas for participation

• The Kitsap Youth Forum -10/20 and youth advocacy trainings 9/28 & 10/5 are coming! Ideas to get the word out were discussed.

Building our Coalition:

- Outreach and Recruitment was discussed, and some groups suggested
 - Yard Signs and Banners -We need help getting flyers and announcements out to the community
- Social media update was given
- Project Work Groups *Leadership, Strategic Planning, Strategies & Events* Laura asked for volunteers to email her for more information

Closing comments and Announcements were offered.

Our next meeting will be October 25, 2022, using the same zoom link from today and at the same time. We hope you can join us!



Register using the QR code or by <u>clicking here</u>. For more information, please contact: YOUTHFORUM@KITSAPPUBLICHEALTH.ORG

<u>My Shoes</u> <u>My Story</u>

USE SHOES AS A CANVAS TO ILLUSTRATE WHAT IS IMPORTANT TO YOU

TELL LEADERS IN YOUR COMMUNITY WHAT IT IS LIKE TO BE A YOUNG PERSON IN WASHINGTON

SHOES WILL BE DISPLAYED AT LOCATIONS WHERE KEY LEADERS ARE PRESENT



For more information, contact djackson@kitsap.gov sydney.perales@kitsappublichealth.org



wsu extension Clallam County



Empowered Teens Coalition

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AGENDA - September 27,2022

Meeting Information: Tuesday September 27, 2022, 1:00pm-2:00pm - Virtual Meeting via Zoom

Join Zoom Meeting

Meeting ID: 699 110 4058 Or call in: +1 253 215 8782 US (Tacoma) Welcome

• Welcome and Introductions

Youth Participation in the Coalition

- South Kitsap Youth
- Youth groups and Contacts (Both current and suggested)

Preparation for Action

- Coalition ideas for future trainings and Information
- Current Program stages
- Meet our new SK Student Assistance Professional Alisyn Cundiff

Reporting on Recent Events & Trainings

- Kitsap County Fair Aug. 24-28
- The Community Survey is on! We will discuss requirements and ideas for participation

- Back to School Events Laura will report out on activities
- Kitsap Suicide Awareness week/Vigil 9/10
- Suquamish Health Fair 9/9/22 and connections formed for SK
- Rural Prevention Conference Ideas and next steps from the conference

Upcoming Events & Trainings

- The Community Survey is on! We will discuss requirements and ideas for participation
- Back to School Events
- The Kitsap Youth Forum 10/20 and youth advocacy trainings 9/28 & 10/5 are coming! Ideas to get the word out!

Building Our Coalition

- Outreach and Recruitment
 - Recruiting new members
 - Yard Signs and banners, and location ideas
 - Social media update
- Project Work Groups Leadership, Strategic Planning, Strategies & Events
- To learn more contact
 - Laura Hyde: <u>hyde@kitsap.gov</u> 360-337-4879

Closing Comments & Announcements:

Next meeting Date 10/25/2022 1-2:00pm

Every problem contains the seeds of its own solution.

August 23, 2022

Platform: Zoom

Topic: SK Coalition Mtg Time: August 23, 2022, 01:00 PM Pacific Time (US and Canada) Attendees:

Coalition Coordinator was on leave. Laura Hyde Acting as Meeting Coordinator.

Summary: Adam Jackson, our South Kitsap Coalition Coordinator is on leave and Laura Hyde is filling in for him until further notice. Laura may be reached at <u>Lhyde@kitsap.gov</u> or by phone at 360-337-4879.

Upcoming is the Kitsap County Fair Aug 24-28. We have a table at the fair and if you would like to staff the table for a 2-hour shift there are plenty of spaces still available. Contact Laura Hyde to arrange it. – free entrance and parking! The goal is to share information about the coalition and provide prevention education material to the community.

We need help getting flyers and announcements out to the community about our Community Survey and upcoming Youth Forum and Youth Advocacy Trainings. Ideas were discussed.

A discussion about where to post our yard signs was had and request for ideas offered. Please Contact Laura if you have more ideas.

A discussion was had on membership – reconnecting with members and outreach/recruitment of new members.

Kitsap 2022 **Youth Forum** October 20th

PUBLIC DISTRICT

4:30 - 6:30pm In-Person

619 Division St , 4th floor Port Orchard, WA 98366

<u>Register</u>





For more information, please contact: YOUTHFORUM@KITSAPPUBLICHEALTH.ORG



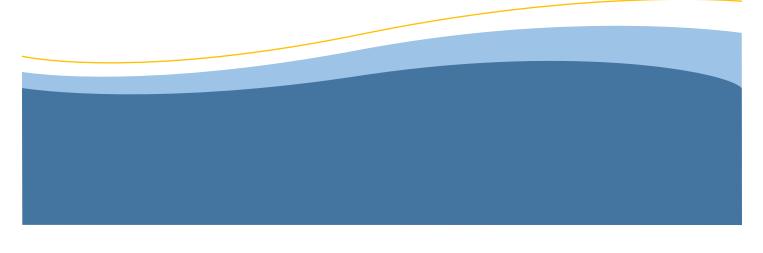
The **Kitsap County Substance Abuse Prevention Coalitions** would like to invite you to share your views & concerns regarding substance abuse among youth in our communities

This 3-5-minute survey will guide our work in developing effective youth substance abuse prevention programs. Thank you for helping us deliver programs that work for Kitsap County!

If you live in, work in, or have children attending school in the School District areas below. Please complete the survey located on our webpage.

(Bremerton, North Kitsap, and South Kitsap School Districts) https://www.kitsapgov.com/hs/Pages/PREVENTION-Coalitions.aspx

To learn more about our services or the coalitions, please consult our webpage at:



We need your help, Kitsap County

Take the community survey

This 3-5 minute survey will guide our work in developing youth substance abuse prevention programs. Thank you for helping us deliver programs that work for Kitsap County! If you live in, work in, or have children attending the School District listed below please click the survey link below and complete the survey.

Bremerton Residents: https://www.research.net/r/KIBREN2022

North Kitsap Residents: https://www.research.net/r/ KINOKIEN2022

South Kitsap Residents: https://www.research.net/r/KISOKIEN2022 .

To learn more about our services or the coalitions, please consult our webpage at: https://www.kitsapgov.com/hs/Pages/ PREVENTION-Landing.aspx







Youth Recovery Group

WHERE WE SPILL THE TEA ON RECOVERY

STARTING IN OCTOBER

Is NOW accepting emergent & non-emergent, assessments, intakes, one-on-one, and individual sessions

For More Information, contact:

Aubrey@altavistalife.com 253-858-5846

Will be held int he Port Orchard

Location: 1950 Pottery Ave. Suite 124



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AGENDA – November 22,2022

Meeting Information: Tuesday November 22, 2022, 1:00pm-2:00pm - Virtual Meeting via ZoomJoin Zoom Meetinghttps://us06web.zoom.us/j/6991104058or call in:+1 253 215 8782 US (Tacoma)Meeting ID: 699 110 4058

Welcome

- Welcome and Introductions
- Update on the SK Coalition Coordinator in the hiring process for a new Coordinator

Youth Participation in the Coalition

- South Kitsap Youth
- Youth groups and Contacts (Both current and suggested)

Presentation – What are we doing in the schools?

• Michelle Dower – Olympic Education Service District 114

Reporting on Recent Events & Trainings

- HOPE Walks Oct. 11
- The Community Survey debrief
- The Kitsap Youth Forum -10/20 and youth advocacy trainings- 9/28 & 10/5

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- Rural Prevention Conference Ideas and next steps from the conference
- My Shoes, My Story project update
- Hidden in Plain Sight Events Bremerton and North Kitsap

Upcoming Events & Trainings

- Quitline Webinar 11/29 @ 11am Washington Cessation Services
- Building Our Coalition
- Program Implementation
- Outreach and Recruitment
 - Recruiting new members
 - Yard Signs and Banners
 - Social media update
- Project Work Groups Leadership, Strategic Planning, Strategies & Events

location ideas

1-2:00pm

- To learn more contact
 - Laura Hyde: <u>hyde@kitsap.gov</u> 360-337-4879

Closing Comments & Announcements:

Next meeting Date 12/27/2022

"Remember that the happiest people are not those getting more, but those giving more." — H. Jackson Brown Jr.

South Kitsap Substance Abuse Prevention Coalition Meeting Minutes

October 25, 2022

Platform: Zoom

Topic: SK Coalition Mtg Time: October 25, 2022, 01:00 PM Pacific Time (US and Canada) Attendees: 9 - Coalition Coordinator was on leave. Laura Hyde Acting as Meeting Coordinator.

Summary:

Due to technical difficulties with the October 25, 2022, meeting platform, the meeting ended early.

We will have Michelle Dower present at out November 22, 2022 meeting.

Reporting on Recent Events & Trainings:

- HOPE Walks Oct. 11
- The Community Survey is on! We will discuss requirements and ideas for participation
- The Kitsap Youth Forum -10/20 and youth advocacy trainings- 9/28 & 10/5
- Rural Prevention Conference Ideas and next steps from the conference

Upcoming Events and Trainings:

- Take Back Your Meds Day 10.29.22
- The Community Survey is on! We will discuss requirements and ideas for participation
- Hidden in Plain Sight Events Bremerton and North Kitsap
- My Shoes, My Story Event on 11.12.22 and more!
- Halloween/Fall Events

Building our Coalition:

- Program Implementation
- Outreach and Recruitment
 - Recruiting new members
 - Yard Signs and Banners, and location ideas
 - Social media update
- Project Work Groups Leadership, Strategic Planning, Strategies & Events

Closing comments and announcements were offered.

Our next meeting will be November 22, 2022, using the same zoom link from today and at the same time. We hope you can join us!

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AGENDA – December 16,2022

Meeting Information: Friday December 16, 2022, 1:00pm-2:00pm - Virtual Meeting via ZoomJoin Zoom Meetinghttps://us06web.zoom.us/j/81382977949?pwd=V0l0am1PanB4c1BRZ0d4RzQ2SIhUQT09Meeting ID: 813 8297 7949Passcode: 322049Dial by your location: 1 253 215 8782 1 253 205 0468 USMeeting ID: 813 8297 7949Passcode: 322049Meeting ID: 813 8297 7949Passcode: 322049

Welcome

- Welcome and Introductions
- Update on the SK Coalition Coordinator in the hiring process for a new Coordinator

Youth Participation in the Coalition

- South Kitsap Youth
- Youth groups and Contacts (Both current and suggested)

Reporting on Recent Events & Trainings

- My Shoes, My Story Kitsap Event and next steps planned
- WA Prevention Summit
- Prevention Voices Training
- The Kitsap Youth Forum -Follow up
- Rural Prevention Conference Ideas and next steps from the conference
- Hidden in Plain Sight Events Bremerton and North Kitsap
- •

Upcoming Events & Trainings

- Happy Holidays and Winter Break
- Looking ahead to the coming year
 - Strengthening Families Facilitator Training Last week in Feb.
 - Programs and Services Planned

• Building Our Coalition

- Program Implementation
- Outreach and Recruitment
 - Recruiting new members
 - Yard Signs and Banners
- location ideas for Jan.

- Social media update
- Project Work Groups Leadership, Strategic Planning, Strategies & Events
- To learn more contact
 - Laura Hyde: <u>hyde@kitsap.gov</u> 360-337-4879

Closing Comments & Announcements:

Next meeting Date 1/24/2022 1-2:00pm

"Remember that the happiest people are not those getting more, but those giving more."

South Kitsap Substance Abuse Prevention Coalition Meeting Minutes

November 22, 2022

Platform: Zoom

Topic: SK Coalition Mtg Time: November 22, 2022, 01:00 PM Pacific Time (US and Canada) Attendees: 6- Laura Hyde Acting as Meeting Coordinator. Michelle Dower, Deanne Jackson, Earl Smith, Annette Crawford, Sydney Perales, Laura Hyde

Summary:

Welcome

Welcome and Introductions - Laura Hyde welcomed everyone to the meeting and thanked them for coming.

• Update on the SK Coalition Coordinator – Laura updated the group with where we are in the hiring process for a new Coordinator.

Youth Participation in the Coalition

• South Kitsap Youth – The group brainstormed some ideas re: how to engage youth in the coalition.

Presentation – What are we doing in the schools?

 Michelle Dower – Olympic Education Service District 114 presented information regarding what services are being provided in the schools and what a Student Assistance Professional does.

Reporting on Recent Events & Trainings

- HOPE Walks Oct. 11 debriefed
- The Community Survey we met our goal!!!!!!!! Lessons learned in the process.
- The Kitsap Youth Forum -10/20 and youth advocacy trainings- 9/28 & 10/5 were reviewed. Successes were highlighted and lessons learned were discussed. Next steps were planned.
- Rural Prevention Conference Laura shared information and resources gained at this event. Next steps from the conference learning and resources were discussed.
- My Shoes, My Story project update event was held on 11/12/22 and a huge success! Next steps were discussed.
- Hidden in Plain Sight Events Bremerton and North Kitsap events were reviewed and the idea of doing it in South Kitsap was discussed.

Upcoming Events & Trainings

- Quitline Webinar 11/29 @ 11am Washington Cessation Services was reviewed, and resource sharing ideas discussed.
- Building Our Coalition
- Program Implementation where we are in the process was shared by Laura.
- Outreach and Recruitment
 - Recruiting new members ideas generated, and next steps planned.
 - Yard Signs and Banners location ideas to be tabled until the first of the year.
- Project Work Groups Leadership, Strategic Planning, Strategies & Events were introduced and we will do recruitment for then in Jan.
- To learn more contact
 - Laura Hyde: <u>hyde@kitsap.gov</u> 360-337-4879

Closing Comments & Announcements:

Next meeting Date 1/24/2023 1-2:00pm

"Remember that the happiest people are not those getting more, but those giving more." — H. Jackson Brown Jr.