



Kitsap County Mental Health, Chemical Dependency and Therapeutic Court Programs

ANNUAL REPORT 2022

Mission: Prevent and reduce the impacts of disabling chemical dependency and mental illness by creating and investing in effective, data driven programs for a continuum of recovery-oriented systems of care.

2022 Kitsap County Board of Commissioners

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Doug Washburn, Director
Sonya Miles, Deputy Director
Hannah Shockley, Program Coordinator

Kitsap Public Health District

Amanda Tjemsland, Epidemiologist



December 31, 2022 marks the eighth full year of service delivery for the Treatment Sales Tax (1/10th of 1%) that augments state funding of mental health and chemical dependency programs and the operation of therapeutic court services in the Kitsap County Community. The Kitsap County Board of Commissioners adopted the Mental Health, Chemical Dependency, and Therapeutic Court Sales Tax on September 23, 2013.

During 2022, over eight million dollars in grant funding provided direct services to over 10,067 individuals needing behavioral health supports. In spite of the COVID-19 pandemic and aftermath, providers continued to provide comprehensive, yet flexible care to Kitsap County's most vulnerable populations. Significant outcomes in 2022 include:

- Over a thousand students received immediate counseling and crisis intervention services.
- 91% of Domestic Violence Survivors received intensive support services and support to create new lives.
- 412 individuals moved from jail to wrap around services to create new patterns of behavior and accepted treatment services.

You can find many more outcomes inside this report. A huge thank you to all of our providers and their staff for the support they are providing to Kitsap County residents.

Citizens Advisory Committee

Meetings are held the third
Tuesday of every month

Via Zoom Until Further Notice

5:00 p.m.— 7:00 p.m.



Success Story: West Sound Treatment

Young mother with a 3 month baby

Alondra completed an intake for treatment as instructed to be eligible for housing, she was adamant about getting her 3-month daughter back and providing a better life for them both. Wanting to desperately avoid old behaviors or being homeless. She made huge leaps from the broken woman who began this program. She got her CPS case closed due to following through with all requirements. Alondra got a job working in management at Subway and obtained a car that is fully legal. Although it has been difficult, she left an abusive relationship and has really began to thrive. She has met most of her goals and maybe even exceeded what she thought she could do thus far. She is now working on getting her 11 year old daughter back. Overall, she has not only given all her dedication and willingness to remain sober and change her life forever but she shows understanding the value of a life she is experiencing for the first time.

2022 Outcomes Related to the Kitsap County Board of Commissioner's Strategic Goals

Goal 1: Improve the health status and well-being of Kitsap County residents.

- ◆ Hundreds of free counseling sessions were offered to those in crisis.
- ◆ Over 261 children received intensive wrap around services including supports with a Mental Health Therapist.

Goal 2: Reduce the incident and severity of chemical dependency and/or mental health disorders in adults and youth.

- ◆ 308 animal assisted and telehealth sessions offered to students and families.
- ◆ 233 clients were transported from jail straight into treatment

Goal 3: Divert chemically dependent and mentally ill youth and adults from initial or further criminal justice system involvement.

- ◆ Crisis Intervention Officer served 386 unduplicated individuals in crisis. He was able to connect 159 of those clients with DCR -Designated Crisis Responder.
- ◆ Ninety one individuals with co-occurring diagnosis were connected to mental health services.

Goal 4: Reduce the number of people in Kitsap County who cycle through the criminal justice systems, including jails and prisons.

- ◆ Behavioral Health Court had two participants graduate.
- ◆ 70% of Behavioral Health Clients were referred to services, with zero re-offenders.
- ◆ 99 active Drug Courts diversion participants

Goal 5: Reduce the number of people in Kitsap County who use costly interventions, including hospitals, emergency rooms, and crisis services.

- ◆ 120 individuals have been housed and connected to Substance Use Disorder Professionals for multiple sessions and ongoing support
- ◆ 680 Crisis health calls responded to through the Bremerton Health Outreach Program
- ◆ City of Poulsbo CARES Unit conducted 12M home visits

Goal 6: Increase the number of stable housing options for chemically dependent and mentally ill residents of Kitsap County.

- ◆ Victims of sexual assault and domestic violence were given housing supports
- ◆ 160 percent of households who applied were served by Kitsap Community Resources rental assistance program with behavioral health disorders have maintained housing for at least 6 months.

2022 Kitsap County Continuum of Care

Kitsap County uses a comprehensive approach to addressing behavioral health issues at all levels, including prevention; early intervention; crisis intervention; outpatient treatment; medical and sub-acute detox; acute inpatient care; and recovery support services. The following programs received funding to address the full continuum of care.

Prevention and Early Intervention

Kitsap Public Health District — \$215,668 in grant funds increased the capacity of the Nurse Family Partnership Program and provided services for 12 additional families and outreach to 57 mothers.

Coffee Oasis — \$289,626 in grant funds provided **youth intervention services**

Olympic Educational Service District 114 — \$699,193 in grant funds provided school-based behavioral health services for 608 students.

Crisis Intervention and Triage

City of Bremerton — \$50,000 to provide a behavioral health navigator

City of Poulsbo — \$85,457 in grant funds provided Kitsap Fire CARES mobile unit based at Poulsbo Fire Department who responded to 400 high utilizers with behavioral health issues.

Kitsap County Sheriff's Office — \$493,414 in grant funds covered crisis intervention training, a re-entry program, and a crisis intervention officer.

Peninsula Community Health Services — \$294,517 in grant funds provided mental health and substance use intervention for 125 students

Outpatient

Agape Unlimited — \$209,392 in grant funds provided co-occurring disorder services for 35 clients on site at Agape

Kitsap County Juvenile Services Department — \$195,238 in grant funds improved the continuity of treatment services to 155 participants in the Individualized Treatment and Youth Drug Court.

Kitsap County District Court — \$341,035 in grant funds served 43 individuals and provided clinical, compliance and public defense support for their Behavioral Health Court.

Kitsap County Prosecuting Attorney — \$297,696 in grant funds supported their increasing responsibility for all therapeutic-courts, referring 138 individuals to therapeutic court programs.

Kitsap County Superior Court — \$578,590 in grant funds expanded the capacity of the Adult Felony Drug Court serving 175 participants. A total of 23 veterans

Recovery Support Services

One Heart Wild — \$132,600 in grant funds provided animal assisted counseling and therapy supports

Kitsap Community Resources — \$684,055 in grant funds provided outreach, rental assistance, and behavioral health referrals for 240 individuals struggling with behavioral health issues.

Kitsap Homes of Compassion — \$345,000 in grant funds provided on-site behavioral health services to 184 by a Behavioral Health Specialist at Kitsap Homes of Compassion housing.

Kitsap Rescue Mission — \$99,925 in grant funds provided on-site behavioral health services to 100 Individuals by a Behavioral Health Specialist's at the Kitsap Rescue Mission.

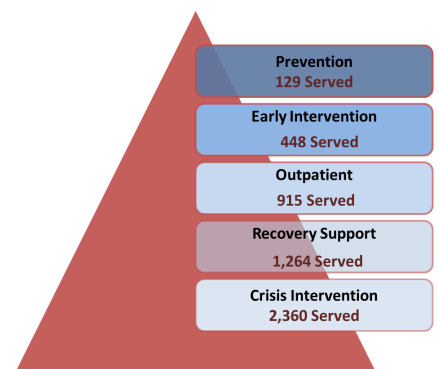
Scarlet Road — \$75,000 in grant funds provided flexible rental assistance program for 20 adult victims of sex trafficking and sexual exploitation in Kitsap County.

West Sound Treatment Center — \$450,951 in grant funds provided Substance Use Disorder and Reentry Services for 375 inmates in the jail, housing, and supportive services for 565 co-occurring disorder services, and 52 men and women through the New Start men and women's houses.

Success Story: Kitsap Community Resources

Booker has been chronically homeless for many, many years when KCR began working with him, and he had serious mental health issues, and chronic and severe substance use disorder. Typically, he slept on doorsteps of businesses, as his behavior had gotten him kicked out of most local shelters. He had been in and out of various KCR programs over the years, but none of them offered enough to serve Booker in the way he needed. In 2017 we started working with him more intensely, partnering the CHG funded Rapid Rehousing program with the newly created Kitsap Homes of Compassion, where he stayed in a shared house with other homeless men for about six months, before he was asked to leave that house due to drug use, hygiene, and cleanliness issues. He was homeless again for another few months, and then was referred to the ROAST team as a Housing Solutions Center High Barrier client. Through ROAST, he was connected with one case manager who was committed to working with him long term. This case manager got Booker into a motel, where he lived for over a year. It was at this point that he began to stabilize. His drug use reduced, and he was able to settle into living indoors in a place he didn't have to share with others, and he was successful.

2022 Kitsap County Continuum of Care



4,302 Individuals Enrolled in Services

Mental Health, Chemical Dependency, and Therapeutic Court Sales Tax 12 Month Revenue and Expenditure Report

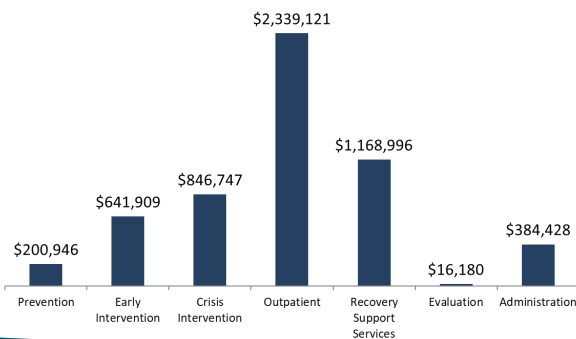
Fund Activity – For the time period beginning January 1, 2022 ending December 31, 2022

	Revenue Collected	Amount Spent
Revenue		
Sales Tax Collected	\$6,978,802.21	
Investment Interest	\$60,983.85	
Total Revenue	\$7,039,786.06	

Expenditures

Agape Unlimited – AIMS and Navigator	\$130,392
Family Behavioral Health, CCS – Intensive Therapeutic Wraparound	\$287,694
Coffee Oasis – Youth Crisis Intervention and Housing Supports	\$289,626
Fishline – Comprehensive Services	\$84,500
Kitsap Community Resources – ROAST Recovery, Outreach and Stabilization Team	\$684,055
Kitsap District Court – Behavioral Health Court	\$341,035
Kitsap Juvenile Services – Enhancements for Juveniles	\$170,995
Kitsap County Prosecuting Attorney – Alternative to Prosecution	\$297,696
Kitsap County Sheriff’s Office – Crisis Intervention Officer	\$130,367
Kitsap County Sheriff’s Office – Crisis intervention Training	\$0.00
Kitsap County Sheriff’s Office – Re-entry Program	\$87,420
Kitsap County Superior Drug Court	\$394,412
Kitsap County Superior Veterans Court	\$81,223
Kitsap Mental Health Services – Pendleton Place	\$219,533
Kitsap Public Health District Nurse Family	\$187,129
Kitsap Rescue Mission -Homeless Shelter Coordinated Care	\$65,925
Poulsbo - CARES	\$83,147
Olympic Educational School District – Behavioral Health Counseling Enhancement	\$647,624
One Heart Wild – Animal Assisted Mental Health Counseling	\$132,600
Scarlet Road – Housing Supports for Victims of Human Trafficking	\$75,000
West Sound Treatment Center – New Start Jail Services	\$267,251
YWCA – Survivor Therapy Program	\$0.00
Total Expenditures	\$4,657,625.59
Beginning Fund Balance 01/01/22	\$10,121,624.55
2022 Revenue	\$7,039,786.06
2022 Expenses	\$5,868,570.15
Ending Fund Balance 12/31/22	\$11,292,840.46

2022 Expenditures by Continuum of Care



**For More Information
Contact**

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Human Service Planner
360-337-4827
hshockle@co.kitsap.wa.us**

<https://spf.kitsapgov.com/hs/Pages/CAC-LANDING.aspx>

2022 Mental Health, Chemical Dependency & Therapeutic Court Program Contacts

Prevention Services

Nurse Family Partnership
Kitsap Public Health District
360-728-2235

Early Intervention Services

RISE Mentor Training
Kitsap Strong
360-536-3394

School Based Behavioral Health
Olympic ESD 114
360-405-5833

NEW Too Cruel for School School Based Behavioral Health Clinic
Peninsula Community Health Services
360-377-3776

Crisis Intervention Services

Behavioral Health Outreach
Bremerton Police Department
360-473-5220

Kitsap Fire CARES
City of Poulsbo
360-394-9794

Homeless Youth Intervention
The Coffee Oasis: 360-377-5560
Oasis Crisis Text Line: Text "CoffeeOasis" to 360-377-5560

Crisis Intervention Officer Kitsap County Sheriff's Office
360-337-4590



Outpatient Behavioral Health Treatment Services

Agape Unlimited
Co-Occurring Disorder Services
360-373-1529

NEW WiSe Services
Catholic Community Services
360-850-8407

Juvenile Therapeutic Court
Kitsap Juvenile Department
360-337-5465

Behavioral Health Court
Kitsap County District Court
360-337-4706

Adult Drug Court & Veterans Therapeutic Court
Kitsap County Superior Court
360-337-4834

Alternative to Prosecution
Kitsap County Prosecuting Attorney's Office
360-337-4814

NEW Crisis Triage Center & Pacific Hope & Recovery Center
Kitsap Mental Health Services
360-415-6685 Ext 5027

NEW On-Site Behavioral Health Services
North Kitsap Fishline
360-208-8543

NEW Animal and Equine Assisted Therapy
One Heart Wild
360-509-2948

NEW Peer Support Specialist
Suquamish Tribe Wellness Center
(360) 394-8558

NEW On-Site Behavioral Health Services
YWCA of Kitsap County
360-479-0522

Recovery Support Services

Partners in Memory Care
Aging and Long Term Care
360-337-5700 or 1-800-562-6418

NEW On-Site Behavioral Health Services
Eagle's Wings Coordinated Care
360-801-7039

Recovery Outreach and Stabilization Team
Kitsap Community Resources
360-473-2047

Jail Reentry Coordination
Kitsap County Sheriff's Office
360-337-4514

New Start Jail Transition
West Sound Treatment Center
360-876-9430

On-Site Behavioral Health Services
Kitsap Homes of Compassion
360-830-6832

NEW Pendleton Place
Kitsap Mental Health Services
360-373-5031 Ext 5811

On-Site Behavioral Health Services
Kitsap Rescue Mission
360-373-3428

Rental Assistance for Victims of Human Trafficking
Scarlet Road
360-850-9718



Success Story: Kitsap County Superior Court Adult Drug Court

Individuals Served by Kitsap County 1/10th of 1% Tax Funding in 2021

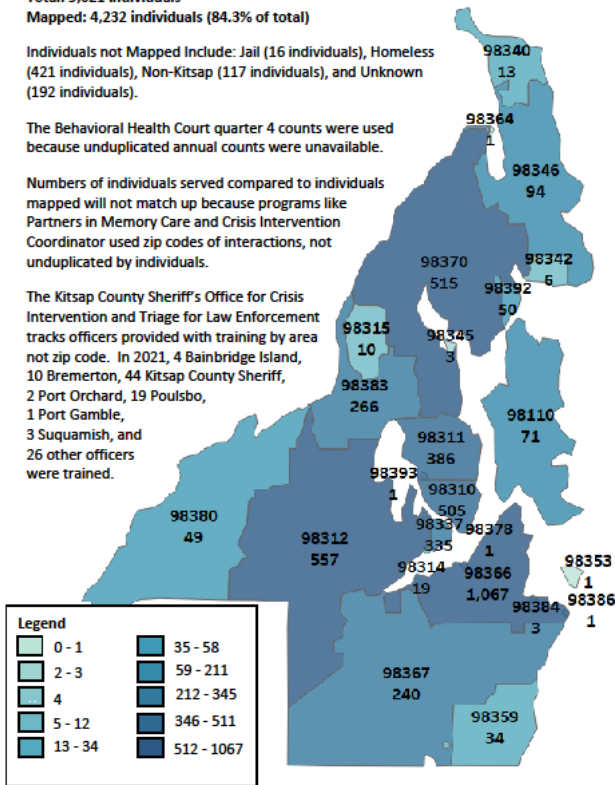
Total: 5,021 individuals
Mapped: 4,232 individuals (84.3% of total)

Individuals not Mapped Include: Jail (16 individuals), Homeless (421 individuals), Non-Kitsap (117 individuals), and Unknown (192 individuals).

The Behavioral Health Court quarter 4 counts were used because unduplicated annual counts were unavailable.

Numbers of individuals served compared to individuals mapped will not match up because programs like Partners in Memory Care and Crisis Intervention Coordinator used zip codes of interactions, not unduplicated by individuals.

The Kitsap County Sheriff's Office for Crisis Intervention and Triage for Law Enforcement tracks officers provided with training by area not zip code. In 2021, 4 Bainbridge Island, 10 Bremerton, 44 Kitsap County Sheriff, 2 Port Orchard, 19 Poulsbo, 1 Port Gamble, 3 Suquamish, and 26 other officers were trained.



Last school year, the SAP was referred a student after violating the school drug and alcohol policy. The student was struggling socially and academically frequently, and would often turn to high-risk behaviors such as self-harm and substance abuse. From the start, the student very open to working on their mental health and substance use issues with the SAP. The student participated in the Insight group and relied on the SAP's services throughout most of the school year. The student set many goals and stayed focused on developing healthy coping skills and making good choices. Although there were a few setbacks, the student persevered and kept moving forward. This school year the student is now attending West Sound Tech for half of the day, passing all of their classes and was nominated for a student of the month award.

Confidential Helplines (toll-free)

Washington Recovery Help Line: 1-866-789-1511

State-wide 24-hour/day support for people dealing with substance abuse, mental health issues and problem gambling; provides crisis intervention and referrals to treatment and support services.

Oasis Crisis Text Line: Text "CoffeeOasis" to 360-377-5560

Support for local Kitsap County youth ages 13—25 years old 24/7.

Volunteers of America 24 Hour Care Crisis Line: 1-888-910-0416 & Crisis Chat www.imhurting.org

Provides over-the-phone local crisis intervention, information referral for Kitsap, Jefferson and Clallam Counties.

National Suicide Prevention Lifeline: 1-800-273-8255

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States.

