



Department of Human Services

Doug Washburn
Director

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**Substance Abuse Prevention/
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Stacey Smith, Administrator
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Bonnie Tufts, Coordinator
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Housing and Homelessness
Carl Borg, Coordinator
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**Kitsap Recovery Center
Outpatient Services:**
1026 Sidney Road
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Inpatient and Detox Services:
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Community Advisory Committee Meeting

Tuesday, May 21, 2024

5:00 p.m. – 7:00 p.m.

[Join Zoom Meeting](#)

Meeting ID: 854 2391 6809

Passcode: 614390

Phone: 1-253-215-8782

In-person: 507 Austin Avenue Public Works/HS Building, 1st, Port Orchard

AGENDA

- | | |
|---|-------------|
| 1. Call to Order - Introductions
Charmaine Scott, Chair | 5:00 – 5:05 |
| 2. Review & Approval of March 2, 2024 Minutes* Full
Committee (Attachment 1) | 5:05 – 5:10 |
| 3. Request for Proposal Updates | 5:10 – 5:30 |
| 4. Recap of the Salish ASO SUD Summit (Attachment 2) | 5:30 – 5:50 |
| 5. Can a project be funded by MHCDC (Attachment 3) | 5:50 – 5:15 |
| 6. Courts Funding | 5:15 – 5:45 |
| 7. Contracts 2-year Discussion | 5:45 – 6:15 |
| 8. Reserves (Attachment 4) | 6:15 – 6:30 |
| 9. Site Visit Questions | 6:30 – 6:50 |
| 10. Committee check in
(3-minute public comment) | 6:50 – 7:00 |
| 11. Adjourn | |

*** Action Item**



**MENTAL HEALTH, CHEMICAL DEPENDENCY AND THERAPEUTIC COURT
COMMUNITY ADVISORY COMMITTEE (CAC) RETREAT
MINUTES
March 2, 2024**

Charmaine Scott, Chair, called the meeting to order at 9:14 a.m. Introductions were conducted around the table.

APPROVAL OF AGENDA

Announcement that Keiko Sano and Susan Mayes have resigned due to life circumstances. This leaves an At-Large and Children and Youth representative vacancy on the committee.

After review of the January 16, 2024 Minutes and the March 2, 2024 Agenda, the following action was taken:

ACTION: Derrick Bailey moved to approve the January 16, 2024 minutes; and the March 2, 2024 agenda as presented. Timothy Garrity seconded the motion. Motion carried.

KIMBERLEE WILLIAMS, DIVERSITY, EQUITY, AND INCLUSION

Kimberlee discussed the assumptions people make just by “looking at you?” based on our experiences as a method of self-protection and the responsibilities assigned to those assumptions. Kimberlee also discussed decision-making through an equity lens addressing surface assumptions, engaging multiple perspectives, communication, outcomes, evaluation, and moving forward with an elevated level of awareness, in addition to cultural competency.

- a. The board participated in an exercise as a guide for thoughtful discussions (non-verbal) for decision-making and conflict resolution. Members discussed thoughts on the process and how biases and experiences impact the process.
 - o Members are encouraged to discuss, seek clarification, and ask more questions for qualifiers.
- b. Kimberlee asked who and what perspectives are missing from the conversation/process, as well as potential barriers in participating in the RFP process.
- c. Lastly, Kimberlee shared that every group an individual belongs to has its own culture, when that which is “normal” to me lands poorly on that which is “normal” to you; you and I end up in conflict. Culture is simply a collective of thinking, being, and doing.

COURTS DISCUSSION

Charmaine discussed the mandate on therapeutic court funding. The therapeutic courts will receive guaranteed funding up to 25% based on the original purposes of the 1/10th of 1% sales tax program and established RCW 82.14.460. A question was also posed as to whether or not a time would come when funding for therapeutic courts should be funding through the general fund. By allocated the guaranteed percentage of funding it reduces the amount of workload on the board. Sonya also discussed how funds are dispersed over the course of the year, any unspent funds remain with the program for future use. The board would like to know

what the therapeutic courts have decided on how to use the allocated funding.

REVIEW OF THE STRATEGIC PLAN 2021 OVERVIEW

Hannah provided a brief overview of the 2021 - 2026 strategic plan as it relates to guiding the work of the program and committee's decisions. Hannah will send out a meeting invite to new members to discuss the strategic plan in greater detail and to answer questions.

REQUEST FOR APPROVAL

Contractors were asked to share the gaps and trends in the community they are seeing in their 2023 December quarterly contractor's meeting. Hannah discussed some of the gaps that were present in 2014 and continue to be a barrier in 2024; a need to expand community health care and access, housing to include emergency and transitional, prevention and youth and family services, and staffing that remain leading issues in Kitsap. In order to promote and support a healthy community, there has to be focus directed to the lack of essential foundational supports. Hannah shared the gaps and trends provided by the contractors and the regional data that backs up these areas for concern:

- a. Gaps in The Community
 - Essential foundational supports are still missing, putting pressure on smaller agencies to provide solutions, and a contributing factor sustaining perpetuating cycles of addiction and homelessness.
 - Main foundational structures; prevention, living wages, adequate medical resources, affordable housing, emergency and transitional housing/beds. transportation, and training and development to include secondary college level learning and development.
 - In 9 years, the program has provided \$49 million in community funding.
 - Hannah also shared the Kitsap Public Health District's 2023 Community Health Assessment findings which directly support the gaps being felt by the contractors as a subset of the larger community.
 - There isn't an inclusive behavioral health stabilization model which allows full access to the community, all roads lead to the hospital. This is a contradiction to the purpose of the funding. Although, agencies are trying to support this endeavor to the best of their specialized abilities the greater problem is foundational and the need for a true stabilization facility, with no barriers to receiving immediate treatment. This can include mental health stabilization and medical detox 24/7.
- b. Priorities for Funding
 - The trends and gaps demonstrated by relevance in the 2023 Community Health Assessment (prevention, living wages, adequate medical resources, affordable housing, emergency, and transitional housing/beds. transportation, and training and development) and felt by service providers and the populations being served which included the entire community, these gaps continue to be the areas that require priority in funding. They are in alignment with the strategic plan can be funded intentionally to target gap closure.

SITE VISITS

Hannah is in the process of completing site visits, with one to three site visits scheduled per

week. Agape's visit has been completed. During the site visit Hannah reviews, program operations, financials, and program progress and challenges. Hannah will send members the results of each site visit for review ahead of the application process.

RFP SCHEDULE

The RFP schedule for the 2025 program grant cycle was provided for members to review.

GOOD OF THE ORDER

None

NEXT MEETING

The next Community Advisory Committee meeting will be held on Tuesday, May 21, 2024, via Zoom at 5:00 p.m. and ending at 7:00 p.m.

ADJOURN

There being no further business to come before the Committee, the meeting was adjourned at 2:00 p.m.

COMMUNITY ADVISORY COMMITTEE ATTENDANCE

MEMBERS	GUESTS
Charmaine Scott, Chair	Kimberlee Williams, Kitsap County DEI Manager
Helen Havens, Vice Chair	
Tyler McKlosky, Membership Chair (Excused)	
Timothy Garrity	
Derick Bailey	
Bruce Sturdevant	
Charlotte Shepherdson	
Tatiana Leone	
Cynthia Griggins	
STAFF	
Hannah Shockley	
Sonya Miles	
Kesha Anderson - Evans	

Attending the SBH-ASO Substance Use Disorder Summit

The day was a recap of the Gaps presentation we covered at our 1/10th of 1 % TST retreat in March. The focus was GAPS in the COMMUNITY. The same GAPS were echoed repeatedly by the close to 100 SUD providers in the region; Kitsap, Clallam, and Jefferson.

Top gaps that were noted at the Summit are:

- Low to no barrier housing, emergency, transitional, and permanent
- Stabilization: medical detox, crisis facility that has no barriers with access to all and can provide clearance and 24 hour prescribed medications, bed-to-bed services
- Less barriers to accessing treatment medications; quicker and closer
- Inundation of the hospital
- Involuntary barriers; Medicaid only approves residential treatment for 16 beds, assessments are difficult to obtain (thank you PIN Person in Need -Kitsap Recovery Center for being the only mobile assessments with goals of same day assessments), Red Tape on approvals from MCO's Managed Care Organizations, training for peer support, understanding resources that are available / when they are expiring (example given on rental supports, one minute an agency has funding then you go to access it and it's used or expired)-How do we stay up-to-date with available resources in real time.
- Early intervention; case management for youth, co-occurring services for youth, therapists for youth
- Staff recruitment and retention, training and development, educational opportunities

Positive changes in the last 5 years.

- Harm reduction model is more understood
- Outreach and meeting people where they are at
- Narcan awareness and wrap around services
- Decriminalization of Mental Health and Substance Use needs

MH/CD/Courts		
Fund Balance	\$	12,200,000
Liability	\$	7,200,000
Remaining Balance	\$	5,000,000
Projected 2024	\$	7,200,000
Projected Available 2025	\$	12,200,000
3 Month Carry	\$	1,800,000
2025 Spend Down	\$	10,400,000
25% Courts - on \$7.2M	\$	1,800,000
2025 RFP	\$	8,600,000
Spend Down over Projected	\$	3,200,000
Courts 2023	\$	1,795,000

CIAH		
Fund Balance	\$	9,300,000
Liability	\$	7,250,000
Remaining Balance	\$	2,050,000
Projected 2024	\$	6,100,000
Projected Available 2025	\$	8,150,000
2 Month Carry	\$	1,000,000
2025 Spend Down	\$	7,150,000
2025 RFP	\$	7,150,000
Spend Down over Projected	\$	1,050,000

Verified and Approved by Allen, Kevin, Hannah, Joel, Sonya - March 27, 2024