

Kitsap County Division of Aging & Long Term Care Advisory Council

614 Division Street, MS-5, Port Orchard, WA 98366

Phone: (360) 337-5700 ♦ 1-800-562-6418 ♦ Fax: (360) 337-5746

Advisory Council Meeting

Date: February 20, 2024

Time: 11:30am- 1:30pm **(11:15am for pre-meeting technical assistance)**

Virtual Meeting Link: Please click the link below to join the webinar:

<https://us02web.zoom.us/j/3603375624?pwd=OTdqN01vVXNnK1creTVDeK1oRWZCUT09>

Meeting ID: 360 337 5624

Passcode: 98366

Phone Dial-in: 1 (253) 215-8782

Meeting ID: 360 337 5624

Password: 98366

A G E N D A

- 11:30am 1. Call To Order
2. Introduction of Council members and public members- expectations for public input
3. Meeting Agenda Approval
4. December meeting notes (Attachment 1) - Approval
- 11:30am 5. January Advocacy Efforts
- Debrief Legislative meetings
 - Status on requests
 - Future advocacy – local elections, state legislator, federal efforts
 - Kitsap DCD Comprehensive Plan – Aging focus
 - Kitsap Regional Library – Accessibility goal
- 12:25pm 6. Social Isolation subcommittee, updates
- 12:40pm 7. Council Member Report of Activities- Outreach form (Attachment 2)
- a. 1/10th Citizens Advisory Council- Charmaine Scott
 - b. 2024 SCOA Meeting- Susan Kerr
 - c. Kitsap Accessibilities and Public Works Transitions Plan- Ranae Beeker
 - d. Council Member Report of Community Outreach Advocacy
 - What did you do since the last meeting? (3 minutes per member)
- 1:15pm 8. Aging Services: Dashboard Report overview (Attachment 3)
- Outreach Events
 - May Older Adult Recognition- planning
- 1:25pm 9. 2024 Advisory Council Calendar of Events (Attachment 4)
- 1:30pm ADJOURN

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December 20, 2023 Aging Advisory Council Meeting Minutes

Zoom

1. Convened at 11:31 a.m.

Members Present: Sandra Miles, Steve McMurdo, Ranae Beeker, Barbara Paul, Ann Paoletti, Charmaine Scott, Linette Zimmerman, Karol Stevens, Elizabeth Safsten, Cynthia Blinkinsop.

Members Excused: Susan Kerr.

Members Unexcused: None.

Guests Present: Laney Calhoon.

Staff Present: Stacey Smith, Cristiana Fillion.

Public Address: None.

Approval of Agenda: The meeting agenda was reviewed.

- Charmaine made a motion to approve the agenda as amended, Cynthia seconded, and the agenda was approved.

2. Approval of Minutes:

- Linette made a motion to approve the November meeting minutes. The motion was seconded by Cynthia. The minutes were approved.

3. Council Memberships

- Three Council members have been reappointed. Linette and Elizabeth will be entering their second terms, and Karol will be entering her third. There were applications from interested community members. Stacey spoke with Rebecca Pirtle, who facilitates applications, and discussed updating the bylaws to add more seats on the Council. Stacey explained that it would take a request from the Council and approval from the Kitsap Board of County Commissioners to revise the bylaws.

4. 2024 Workplan

- a. Review tentative meeting day – Steve stated that Council meetings will take place every third Tuesday, rather than Wednesday, beginning in 2024, from 11:30am-

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1:30pm (same time).

- b. Finalize goals – Steve read the mission statement for the Council, then began reviewing the Workplan goals. Goal #1 will remain under “High Priority.” Goal #4 “Review Council bylaws” with the Measure “Complete review by 8/30/2024” was added under “Moderate Priority.” The Health Related goal has been placed “On Hold”. Goal #3 was partially completed when the Council developed the subcommittee. The Council discussed the wording of their primary objectives. The Council chose to remove the third bullet point, “Prevention of unnecessary or premature institutionalization,” and added “preventing unnecessary or premature facility-based care” to the first bullet point. There were no other revisions. Stacey will submit as final and forward a finalized version to Council members.
- c. Stacey explained that the date of the January Tuesday meeting will conflict with the W4A Legislative Training Webinar. The Council agreed to cancel the January Council meeting. They agreed to have their planning meeting on 1/17 from 12:30-1:30pm. The new Tuesday meeting schedule will start in February.
- d. Stacey informed the Council that the W4A Advocacy days are planned January 23-25, but meetings may occur on the 22nd or 26th. Steve noted that legislative meetings are about 15 minutes long, and Barbara added that not everyone has to attend each meeting.
- e. 2024 Chair and Vice Chair elections– Steve and Barbara have been Chair and Vice Chair since 2021. Charmaine nominated Karol for the position of Chair, but Karol declined. With no other volunteers, Steve asked for a motion to waive the bylaws restricting two terms in Chair and Vice Chair positions, so he and Barbara can continue in their positions. Charmaine made a motion and Cynthia seconded. Steve and Barbara will remain Chair and Vice Chair for CY 2024.

5. Plan to Review Council Bylaws

- With the 2024 Workplan, Stacey suggested that the Council begin reviewing the bylaws in March. Stacey informed the Council that Laney would not be able to be added as a Council member until the bylaws are finalized. Laney was encouraged to attend Council meetings as a member of the public.

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6. Social Isolation Subcommittee Update

- Karol explained that the subcommittee plans to move ahead on the envelope system for medical facilities, churches, etc. to reorder brochures. They also discussed the 2024 Kitsap County Comprehensive Plan update. Karol attended a presentation by Eric Baker, Kitsap County Deputy Administrator, with Commissioner Rolfes in attendance. There were multiple questions about aging in place in relation to building codes. Stacey explained that the Governor has a Multisector Plan for Aging (MPA) in Washington. Stacey will share the MPA Talking Points document with the Council. The Council will set aside some time to talk about it during the February meeting.

7. Council Member Report of Activities

- a. 1/10th Community Advisory Committee – Charmaine Scott
 - Charmaine explained that MultiCare behavioral health clinic opened in Port Orchard in November. For now, they are currently doing telehealth appointments only, but plan to have in-person appointments in the future. Starting in 2024, Charmaine will be Chair of the 1/10th Community Advisory Committee and Helen Havens will be Vice Chair.
- b. 2024 State Council on Aging (SCOA) Meeting – Susan Kerr
 - Susan was not in attendance.
- c. Kitsap Accessibilities and Public Works Transitions Plan
 - Ranae stated that the committee will begin meeting in February or March.
- d. Council Report on Activities
 - Sandra met with the Island Volunteer Caregivers about grants and asked if Council Members had any suggestions. Charmaine suggested the 1/10th grant.
 - Steve stated that last month he had talked about meeting with Kitsap Regional Library staff. He hasn't met with them yet but would like to send card.
 - Barbara spoke with the new City of Poulsbo Council member, who is trying to create a senior isolation program. They also mentioned an upcoming video regarding new housing that will be built in Poulsbo. Barbara is hoping it will include seniors.

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- Elizabeth shared she was able to finalize a policy at her work holding rural transit agencies to a higher standard than federal requirements require for ADA policies. She is preparing a template of ADA policy for subrecipients. This will hopefully help increase consistency and quality of ADA protections and considerations in rural transit in WA.

8. Aging Services

a. Dashboard

- The Council reviewed the December Dashboard Report. Stacey explained that for the first time in nine years ALTC's Medicaid unit has reached and exceeded their case load. About 900 clients have been receiving services every month, and in September that reached 1,000. The number continues to increase. There has also been an increase in Information & Assistance calls, as well as an increase in the number of Long Term Care Ombuds hours. Family Caregiver program contacts will likely see an increase after the holidays. MAC/TSOA numbers have plateaued. Care Transitions referrals have increased, but the number of clients served remains at about 5-6. Stacey explained that those that don't qualify for the program are receiving referrals and other assistance offered through Aging. Stacey will add updated revenue graphs to the Dashboard.

b. 2023 Advisory Council Calendar of Events

- The council reviewed the 2024 Calendar of Events.

9. Legislative advocacy

- #### **a. Legislative asks**
- The first legislative ask is for \$15.2 million for senior nutrition funding. Stacey shared the senior nutrition flyer created by a coalition including the Alzheimer's Association, W4A, AARP, Food Lifeline, Northwest Harvest, the Senior Citizen Foundation, and the Anti-Hunger & Nutrition Coalition. The Council will be asking to maintain the funding that was increased during the COVID-19 pandemic in order to address food insecurity. Statewide 1.38 million meals for 18,686 seniors will not be funded when contracts expire on 9/30. Council members will include a story about St. Vincent de Paul involving the unhoused population.

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The Governor listened to advocates in October and added \$7 million as part of his Governor's budget.

The Second ask is related to case management. Council members will be asking for \$2.58 million for AAA case managers in order to increase capacity. Many clients do not have caregivers and those clients need more time with case managers to manage their needs, as well as time to help recruit caregivers from family and community networks, and to help them get through training and education. Barbara asked what the caseload ratio is in Kitsap County. Stacey replied that it is 1:75 but caseloads are increasing. Steve noted that in the past it was over 1:100, and the Council had asked for parity with DSHS and that had improved circumstances. The w4a Legislative Webinar on January 16th will focus on these two points.

- b. Appointments – Legislative appointments will be the week of January 22nd. A meeting with Rep. Greg Nance is scheduled for 1/25. Stacey has drafted an email that she'll be sending out to legislators this week as a last attempt to schedule appointments.

10. Holiday picture

- a. Council members took a second picture for the holiday card.

ADJOURNMENT

The meeting was adjourned at 1:28 p.m.

Steve McMurdo, Chair

Advisory Council Community Outreach Tracking Form

1. Type of Outreach:

- Community Outreach Event
 Group Education
 Media/Internet
 One on One
 Material Dissemination
 Advocacy Action Alert

2. Outreach Details:

Date of Activity:	Event Location:	
Time Spent on Event (Minutes)	Preparation Time: (Minutes)	Travel Time: (Minutes)
Name of Advisory Council Member(s):		
Number of People Reached:	Name of Event <i>(if applicable)</i> :	

3. Advocacy Action Alert Details:

Name of Elected Official(s):	Method of Contact: <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Mail <input type="checkbox"/> Other _____
Notes:	

4. Topic(s) Discussed:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Alzheimer's & Dementia | <input type="checkbox"/> Family Caregiver Support | <input type="checkbox"/> MAC/TSOA | <input type="checkbox"/> SHIBA/Medicare |
| <input type="checkbox"/> Americans w/Disabilities Act | <input type="checkbox"/> Kinship Caregiver | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Systems Advocacy |
| <input type="checkbox"/> Disaster Preparedness | <input type="checkbox"/> Legal Services | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Volunteer Recruitment |
| <input type="checkbox"/> Elder Abuse | <input type="checkbox"/> Legislative Town Hall | <input type="checkbox"/> Senior Drug Info | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> End of Life Planning | <input type="checkbox"/> Long Term Care Planning | <input type="checkbox"/> Senior I&A | |

5. Estimated Age Range of Attendees:

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 18-24 | <input type="checkbox"/> 35-44 | <input type="checkbox"/> 55-64 |
| <input type="checkbox"/> 25-34 | <input type="checkbox"/> 45-54 | <input type="checkbox"/> 65+ |

6. Groups- Targeted or in Attendance:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Dual-Eligible (Medicaid & Medicare) | <input type="checkbox"/> Unpaid Caregivers | <input type="checkbox"/> Mental Health Professionals | <input type="checkbox"/> Medicare Beneficiaries |
| <input type="checkbox"/> Speakers of Languages other than English | <input type="checkbox"/> Kinship Caregivers | <input type="checkbox"/> Low Income | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Individuals w/ Disabilities | <input type="checkbox"/> Social Workers | <input type="checkbox"/> Pre-retirees | |
| <input type="checkbox"/> Person w/ dementia | <input type="checkbox"/> Health Care Workers | <input type="checkbox"/> Retirees | |

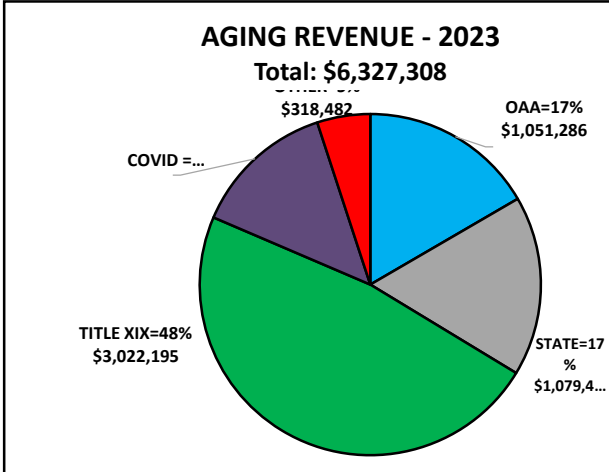
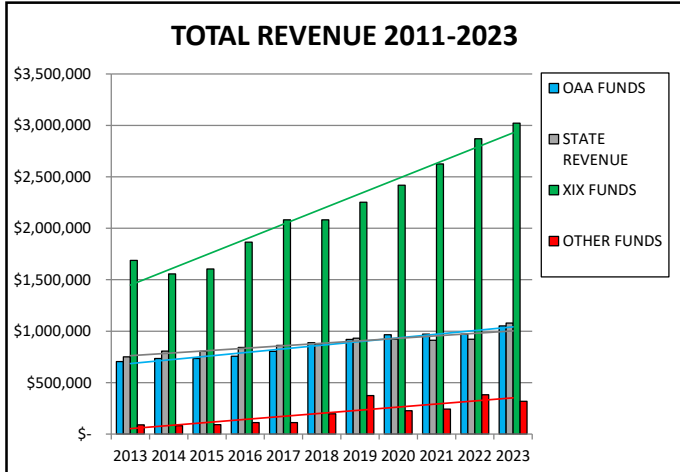
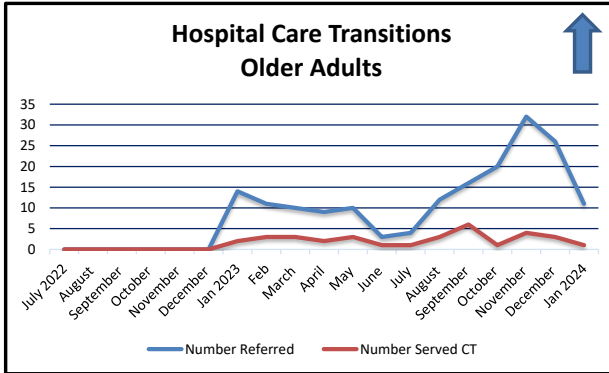
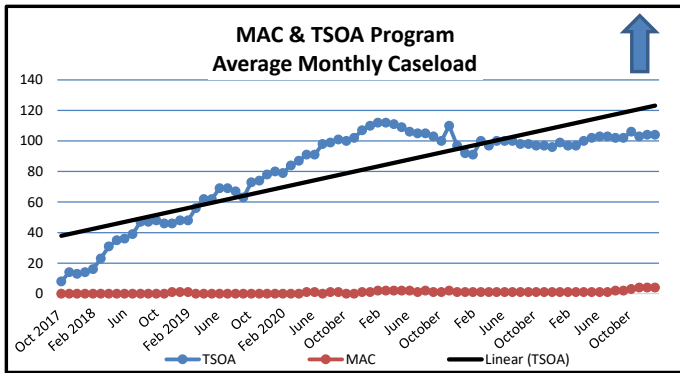
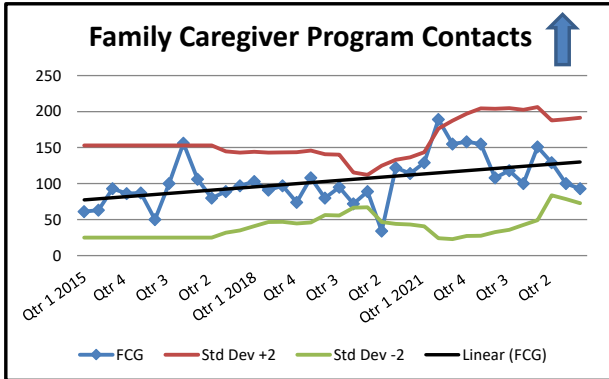
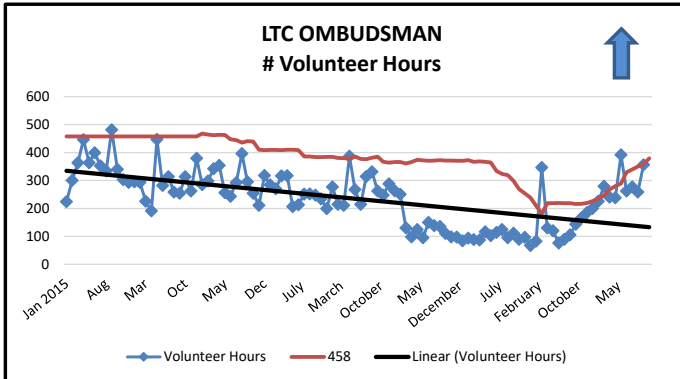
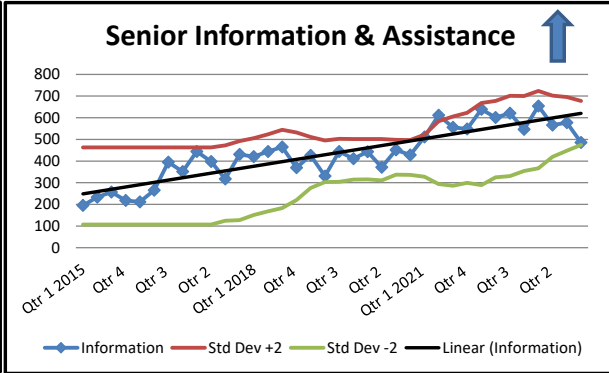
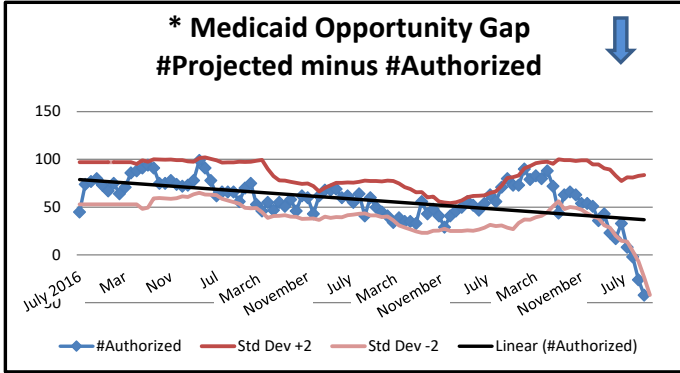
7. Race/Ethnicity- Targeted or in Attendance:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> American Indian | <input type="checkbox"/> Samoan | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Other Pacific Islander |
| <input type="checkbox"/> Alaska Native | <input type="checkbox"/> Filipino | <input type="checkbox"/> Black, African Am | <input type="checkbox"/> Other Race-Ethnicity |
| <input type="checkbox"/> Chinese | <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | |
| <input type="checkbox"/> Hispanic, Latino, Spanish | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Guamanian or Chamorro | |
| <input type="checkbox"/> Native Hawaiian | <input type="checkbox"/> White, Non-Hispanic | <input type="checkbox"/> Vietnamese | |

8. Materials Handed Out- Type & Quantity:

- | | | |
|---------------------------------------|-------------------------|--------------------------------|
| ___ ALTC Rack Cards | ___ Senior I&A Brochure | ___ Other |
| ___ Family Caregiver Support Brochure | ___ MAC/TSOA | ___ Advisory Council Bus. Card |

Aging & Long Term Care Advisory Council Dashboard- February 2024



*July 2023: Medicaid caseloads maximum capacity= 1019

COVID Timeline:

March- May 2020: COVID-19 Stay At Home order in effect

June 2020: COVID-19 phased reopening began

July 2020: COVID-19 July 2020 reopening paused

November 2020 - February 2021: Statewide restricted opening due to Winter spikes

December 2021- January 2022: Omicron spikes

March 2022- Brief home visits start

May 2022 - Home assessments begin (partial or full)

July 2022- BA.5 variant surge

October 31- State PHE ends for LTC facilities and some state waivers

May 11, 2023: Federal Public Health Emergency (PHE) and state Major Disaster Declaration (MDD) ends

October 9, 2023: Medicaid Early Transfers begin

Community Outreach Activities:

February 10: Silverdale Library Senior Resource Fair (Jason)

February 14: Silverdale Library Health Aging Presentations, 10:30-11:30am in person (Jennifer)

2024 Advisory Council Meetings & Activities

January 8	WA Legislature Begins
January 16	* w4a Legislative Training Webinar Noon- 1:00pm
January 17	* Advisory Council Legislative Planning meeting 12:30-1:30pm
January 23-26	* w4a Advocacy Days (appointments with elected officials)
February 20	* Advisory Council from 11:30am- 1:30pm Revisit DCD Comprehensive Plan (Aging focus)
March 19	* Advisory Council from 11:30am- 1:30pm Begin review of Council Bylaws
April 16	(No meeting)
May 14	* Advisory Council from 11:30am- 1:30pm
May Workshops	<u>May Older Adults Virtual Workshops</u>
June 18	* Advisory Council from 11:30am- 1:30pm
July 16	Advisory Council from 11:30am- 3:30pm Hold for Retreat (in-person)
August 20	* Advisory Council from 11:30am- 1:30pm
September 17	* Advisory Council from 11:30am- 1:30pm
October 15	* Advisory Council from 11:30am- 1:30pm
October 16 (hold)	* 2024 AAA & State Council on Aging (SCOA) Conference
October 17(hold)	* 2024 Fall Senior Lobby Conference
November TBD	* Kitsap Caregiver Fall Caregiver Workshop/Conference
November 19	* Advisory Council from 11:30am-1:30pm
December 17	* Advisory Council from 11:30am- 1:30pm

*indicates zoom meeting; hybrid in-person available (as requested)

In-person meeting location: (South Kitsap) Givens Community Center, Cascade Room